

## **Esoteric Healing:**

The talks all lead to Esoteric Healing. Everything gives the background to esoteric healing. The first talk is on the Aura and the etheric double, the second is on telepathy and thought forms and then on karma and reincarnation, nature of life after death, psychic phenomena, deva kingdom, law of love, mediation, chakras and now on healing. The next two talks are subsidiary to this: Esoteric astrology which is not essential for healers, though helpful, and the next is on the Hierarchy of light, for people to begin to understand who they truly are.

Technically people needed to come to the entire sequence of talks, so I could use the information given in these talks with faculty so I could simply refer to this or that information. However there are the tapes available for those who have not come to the talks and therefore I will speak as if people have come to the entire series.

Most people or most healers think that healing of the physical body is what healing is all about, and for esoteric healing this is not necessarily the most important thing. The Healing of the emotional body and cleansing of the impediments of mind is much more important and certainly everything that leads to enlightenment consciousness is what we're all about. All enlightened beings are by definition or by nature, healers.

Anyone can work at the alleviating of the symptoms of the physical body or physical ailments, trying to get rid of cold symptoms and so forth. A black magician can do the same. Many black magicians pose as healers, they get many devotees through playing tricks with the physical body. What most healers do, or so called healers do is shunt symptoms around. They are dealing with this or that symptom, they suppress the symptom through this or that technique, whether it is with chemo-therapy, or herbal therapy and they later reappear elsewhere in a more virulent form. What I am concerned with is true healing of body, speech and mind, looking at the factor of karma and rebirth also and the way a whole soul evolves from life to life, so eventually that soul no longer can possibly manifest those types of actions that can cause sickness in the first place.

Karma is not very well understood; certainly not in the East, who speak of things such as rebirth into animal forms, and certainly not in the West, who take the information from the East or on the whole don't believe in karma or reincarnation. But a great deal of people's sicknesses and illnesses come from causes engendered in past lives and nearly always if a healer is going to look at particular symptoms, particular effect that is appearing in this life he/she must look at those causes. From whence did they originate, what were the psychological conditionings behind them, in which life, why did the Lords of Karma produce this effect in the now, what is it the individual must do in order to cleanse the karmic causes of these diseases, the *sangskaras* that are coming to the surface in this life.

Another thing to look at in relation to this is people's emotions; their worries, their fears, their irritations, working through the glandular system and through the minor chakras in the body. They are probably causative of probably about 95% of sicknesses & diseases:

diseases of inflammation and diseases of congestion. These diseases - inflammation and diseases of congestion are the two main causes of diseases and sicknesses.

Congestion happens when you suppress your energies, suppress your emotions. You force your energies inward to the body, inwards via the chakras to the various organs. The seven major chakras have their externalisations, the seven groupings of endocrine glands, and the minor chakras as the organs in the body. Behind me is a diagram where we have the minor and the major chakras of the body. Thus we have a minor chakra that stands over the spleen. Its actually a dual chakra; one chakra overlapping the other. The spleen itself is the organ of elimination in the body. What does the organ of elimination do? It sends out gross pranas. When you breathe in vitality from the air, when you eat the food you eat when you interrelate with other people's emotional body, their auras, their desire forms, their etheric energies. All of this is absorbed into your system and when, going back to the first type of prana, the pranas absorbed from the air it interrelates between the two breast centres and then goes to the heart centre, where the energy from the heart of higher self of the individual converts it into what is called *jiva*. The *jiva* then is sent to the higher spleen, and the lower spleen has been circulating the pranas throughout the body. The new energies come in and impress themselves upon the old energies and that which is waste energy is then kicked out of the body. It has to be pushed out. It is pushed out.

The same as the action of eating, when you put food in your mouth it eventually comes out the other end as reject waste and if you keep that inside; you'd get very sick indeed. Likewise with these reject pranas. If a person therefore cannot eliminate their pranas properly, through unrighteous living, through over emotional indulgences, through drug intoxications, through poor food habits. Through all of the processes of life that causes them to interrelate with this murky filled, emotional filled environment we call humanity, then these energies have to be shunted through a particular organ in the body, and these energies are sewer like, like a sewer, abhorrent, murky, full of entities that are noxious in their nature. Very bad musical sounds coming from it, and when the energies go to a particular organ, that organ will be the line of least resistance for it, because energy simply follows thought. Wherever there is the weakest part of the body, that is where the energy will go. If the weakest part of the body happens to be the lungs, then the energy is shunted up to there and finds the lungs as the organ of elimination and then you get your chest complaints. Because when the sewer like energy goes to the the lungs the bacteria that would normally keep those pranas at bay, is gone, These entities, these disease bearing entities are fed, are of a lower grade nature, their energy is synonymous with the energy associated with the sewer that is coming out of your lungs, therefore they breed in great numbers. If there was no sewer going into your lungs, then the natural energy field of your lungs and body, would be of too high a vibration, for these lower grade entities to breed, for these lower grade entities to survive and therefore you have health. Produce the conditionings within your body therefore that allow entities to breed, because it is of a similar nature to them, that cause poisons in your body, toxins, that the medical profession likes to categorise with their latin names, and then you get the sicknesses. The logic is quite simple, really, but so few people really understand it.

All is really energy, all is really energy interrelationship and it is the quality of the type of energy that you respond to that determines whether you are healthy or diseased. Because the body has a natural balance, a natural harmony of energy. It is attuned to a certain frequency of sound. The auric colours should be quite bright and vibrant. If the auric colors are not bright and vibrant, then you have energy imbalances, you have weaknesses in the body. Energy is interrelated with consciousness and the consciousness is affected by your emotions and your emotional moods. Every time you manifest strong emotions of one kind or another, there you are throwing out of your aura, emotional substance into the general emotional atmosphere. Which was explained in my first lecture on the aura and the etheric double. So if you can keep on throwing out these swirls of emotional energy, you are weakening that part of your body, substance is continually being passed out. Ultimately, there is an energy drain in that particular area, be it your solar plexus, or your stomach areas, lungs, depending on how emotional you are and when the energy has been completely drained there, what is feeding the actual organs of your body? Very little indeed. And when there is a sewer to be cleansed out of your body, where does that sewer go? It goes to where there is an energy depletion in the body, an area of weakness, its logical is it not? Like water, energy follows the line of least resistance.

When you follow this thought, you can see therefore that you need to control your emotional body, you need to control both your strong emotions in terms of happinesses and your joys, your bouncing around being on top of the world or those negative emotions of sadness, depressions and irritations. Both are causes of sickness, both throw substance out of your aura. Of course it is better to be positive than negative, because positive emotions produce better effects on your aura, because at least the colourings are bright, whereas negative emotions the colourings are quite dull and grey as all of you know if you've been depressed.

Walk into any room where people have been laughing madly and just after they've laughed you get bombarded with those energies. And this brings to mind therefore another major problem with sicknesses and diseases which many do not understand and certainly few healers understand. Everyone lives in a sea of everyone else's emotions. Most diseases therefore are group causative. You have lovers, for instance, and you exchange auric substance and if your lover has auric substance of a gross nature, then that becomes yours. You interrelate emotionally with all sorts of people, groups of people, for instance if you go to a football match, that group emotional energy is an accumulative of sickness. And when you look at the particular cause of group emotions, soldiers of the battle field opposing the opposite army, or people in rooms chatting madly, wildly, busy trying to compete with one another in a type of race to who can put out the most emotional energy. Always pushing out this energy, and the energy being absorbed into everyone's aura. What do you think the colors that come out of people's aura become when they are all mixed together in swirls? You get people's selfishnesses, their avarices, and desires to be nice and all the other emotions that arise and you swirl them around and you get greys and browns and that hits everyone. Major, major causes of sicknesses. Therefore we have influenzas; coughs and colds and all these epidemics that effect large masses of people. The causes are simple; they are group emotions not necessarily just from this life, but from former lives coming to the surface. Karma is an exacting law, the

law of karma says as you sow, so shall you reap. Whatever energy expenditure you put out into the environment you must get back to equal and opposite measure. There is no one that can save you from your karma, as I explained in the karma and reincarnation lecture. It is all just simply energy expenditure. Group emotions = group karma.

When you look at this concept of energy therefore what types of emotions do you have? There are two main types; emotions of over expression when you're boisterous and joyous and always sending energies out into your auric field and those that are the causes of inflammation. The other type is suppressions; when you're moody and depressed. You can see quite clearly when you're really angry or you've got a cause to fight for, you're always pushing out these types of pranas/emotions relating to inflammation. When you're always thinking of yourself in relationship to everything around you and how miserable life is for you because you've lost this and you've lost that and you're love life is not working out the way it should then you get the energies of suppression, of congestion, the energies damn up inside you and what happens when the energies damn up inside you and can't be expressed? The substance builds up in your tissues, in the tissues of your organs, because after all if you look at your physical body, the molecules of the organs the electrical chemical nervous system that you have, energies just simply manifest according to the law of energy. So, the energy damns up and the energy damns up and the energy comes out as cancers for instance. When so much energy is damned up the cells of your body start to run riot, of that particular portion of your body that your energy has been fed all that time and they grow much faster than the other cells in your body. They start to multiply at great rate, because the energy is starting to be released in this way and you get cancers depending on the nature of the emotions and where the energy is damned up and there you get your emotions. It doesn't really matter, testicular cancer or whatever. These are just different names for different problem areas, different weakness points of the body. You cut out a cancer in one part of the body, but you don't deal with the fundamental causes well the cancer is going to grow somewhere else. So the person gets a lung cut out, but it grows somewhere else and eventually the cancer is all over the body because the causes have not been dealt with. The excessive damning up of the energy in the emotional body has not been dealt with, at all looked at.

So many people in the alternative medical side of things, as with the traditional medical side of things think the same. They go to the medical profession with a particular problem with any particular part of the body and they say give me a quick cure. Give me that acupuncture needle or whatever the remedy may be. Acupuncture, all that really does is shunt energy one way or another. It's a superficial thing because the chakras they are dealing with are the smallest chakras in the body, on the surface of the body, just beneath the skin. It either puts energy in a particular direction or stops flow in that area. That is all that acupuncture can do. What I'm getting to anyway is that they go to these professionals for a quick cure. They say give me that herbal medicine; give me that ayurvedic medicine, that will get rid of the symptom. Give me that medical drug, the pharmaceutical organic chemical that will suppress the symptoms. Give it to me now so that I can be relieved of this distress and go on and do my usual things of dissipating my energies. Of being highly emotional, of drugging my mind day in and day out. All of these things whether it's chemico-therapy or herbal medicine. They have effects upon the

energy body, sure, and the symptom may go away. But is the person really cured of anything, really healed? No. Next year, same problem. Years later, a far worse problem, because the suppressed energies simply go into a different part of the body. Still build up and eventually the person dies of cancer or something else. Of course, there is far more detrimental effect from chemical therapy, the mineral drugs in the body than there ever can be from herbal medicine. But the best is to live a sane balanced life and have a healthy diet. Live a lifestyle that is in tune with the laws of nature. Vegetarianism, of course, is a far more attuned lifestyle than eating meat. You're always looking at the quality of food that is put in the system. Put in more and more refined energies, and your body becomes more refined and less prone to disease. Ultimately you will find that love and the path of Love is the true way of healing. Once you understand what this path of Love is.

The other thing that I want to bring out is that many healing practitioners think that they are actually doing the healing. Sure they have a certain amount of knowledge concerning the particular healing remedy they are using; whether it's colour or sound or chemical therapy. And I'll point out that the true healing methodology is right education. The individual must be taught how to heal themselves, how to not manifest the actions that causes the sickness and disease in the first place. This is the first rule and priority of all healers, if they are true healers. It seems that most healers are only interested in making money as much money as they can get out of their patients, by not teaching them how to heal themselves.

In ancient China the system of healing was this: they took it for granted that the healer was there to heal the patient, therefore if the patient got sick, the healer actually had to pay the patient. It was an admission that the healer was not able to heal and therefore the patient deserved recompense. In the West, it's the opposite way around. The healer is busy making so much money that it's to the healer's advantage to keep the suffering one in the darkness as to the cause of their sickness. Right education is always the true healing. Teach people what not to do. Teach people how to live a sane life. Teach people not to smoke, teach people not to take mineral drugs, teach people to control their emotions. Teach people to be loving. Teach people not to partake in karmic actions, or those actions that produce negative karmic results in future lives.

This is a little digression, what I was getting to before was that the true healer, or healing agent, apart from the individual themselves and their actions, is the deva kingdom, the angelic kingdom. All substance is deva, angelic. Every human being has appropriated angelic substance, has incarnated into it. Every cell in the body is but a deva, a unit of consciousness, an evolving life. There are the little fairies and the pixies, the things out there responsible for the driads; the trees and the sylphs *etc.* All of the religions and myths speak of these devic entities. The human body is simply composed of many, many units of these. It is because of their existence, or that all is devic, that the law of karma exists. It is their substance that is acted upon when we do anything in thought, word, or deed and to rectify the imbalances in their substance they give it back to you at the appropriate time in the same way you created it and thus you get your karma. Universal law. When the healer begins to recognise devas and work with the great healing angels

than great healing works can be done. All of the medical hospitals are filled with healing devas. Doctors are there busy applying what they know according to their level of knowledge or ignorance, but the deva is applying energy. Very pure, very bright, very clean, very clear energy and they do one of two things, as any esoteric healer must do: either they use the energy to push out of that individual the sewer like energy in them, the sewer like devas. So they push out through the use of the hands or whatever the gross pranas within the individual that they have generated which then allows the healing devas to come, or the devas of light energy, bright energy, energy of love to come in; and start to fix up the part of the body that has been damaged by that disease. To make it impossible for disease bearing agents to reside there. Or they actually take the substance into their own body of manifestation and transmute it. This is a much more difficult way of healing, but very effective, if the healer's body is exceedingly pure. If it is like a Buddha and the whole body is radiatory, the energy field is like this, shooting out every which way than such a being can take a disease energy into him/her and then effect the transmutation of that substance and then bring it back into the person to be healed. Because after all, it is that person's substance. That's a far safer way.

One of the problems with some of the psychic healers, the new age healers, is that they use the will. What do you think happens if a person is diseased, because of either suppression of energies or over expression of energies and the healer puts in much stronger energies. Does it make the suppression worse? Or does it make the contagious disease worse by feeding the very energy body that the patient had created, in order to cause the sickness. When new age healers are busy trying to put energies into a person and they are ignorant of the chakras and the way the chakras work, and we're not just talking about seven chakras. We're talking about 4 layers of chakras of which the acupuncture points are just the 4<sup>th</sup> and the lowest layer. This diagram here, is the first two layers of chakras, the seven major chakras and the 22 minor chakras; and there are levels of chakras smaller than that. And if the new age healer does not understand those chakras and that chakra system and simply puts energy into the person willy nilly because they think they are doing something good, are they reinforcing the energy field of sickness in the being or not? It can actually make the disease worse, not better. They can actually kill the person through over stimulation of that particular organ of the body, or over stimulation of the sicknesses that are coming into the body. This is called radiatory healing. The other form is magnetic, where you draw it into you. It's like two magnetic poles. One attracting the other, or the bar iron to you.

The other thing to point out in regards to healing and the problem with healers is that they have not healed themselves. Where do you go out there and where do you find a healer with a truly radiant aura, and busy charging money for the healing? So if someone is busy trying to heal you and their aura is putrid and full of all the entities and energies that are causing your sicknesses in the first place, is that really helping you? Especially if they are trying to put energy into you through their own auric field, their own negative emotions, their own worries and fears and doubts and irritations. That's what's being projected into your aura and can make your sickness worse. Of course symptoms are suppressed. But the Energies are still in the body and must come out later.

No true healer asks for money, for his/her healing affect. Its against the laws of love, against the law of karma essentially. That patient if they give, must give willingly, what they can afford, what they think is fair and appropriate. The healing does not come from the healer, it comes from the devas. They give their energies automatically and spontaneously. All the healer does, once they've worked out their own energetic field, is to act as a channel, as a wise and knowledgeable channel, hopefully working cooperatively with the deva, with the angel. This is what are the great healers do. Jesus did it all the time. There is for instance in the bible,- "For an angel went down at a certain season into the pool, and troubled the water: whosoever then first after the troubling of the water stepped in was made whole of whatsoever disease he had." John 5:4. This is a direct reference in the Bible to the way the deva kingdom can heal people. Simply a deva overshadowing a pool of water with her energies and the sick coming into the water and being healed of their diseases. This is a method that's used in different cultures as well, working directly with devic energies. Some go to sacred places for healing where the devas are quite strong and pronounced. In Hinduism and with the indigenous peoples there are all these sacred spots, chakra points in the earth's etheric grid. But what they're really working with is devas, nature spirits.

This new age into which we are entering is an era where healers are going to learn much more about the devas; more about the laws of sound and color, much more about the aura and certainly more about the law of karma and work with those laws, with those entities and not against them. After all the herbal medicines that these new age healers also use, the ayurvedic medicines, are but devic entities, devic lives that respond to a certain colour, light green, or indigo buddhi blue, golden colors and so forth. These devas have a certain song, a certain vibrancy about them, these herbal potencies. They respond to one or another chakra and then they work through the chakra to the aura. That's really all that herbal medicine does. Those that take drugs of intoxication; that's all that drugs of intoxication do anyway. Certain devas associated with that particular drug stimulate certain chakras to produce certain psychic effects which the person taking the drugs generally has no control over. This book, *The Way to Shambhala*, has a good chapter on healing, all of you here should read that chapter, that section. So we go to quiet places, to serene places, to the country. Many people automatically accept the healing energies of trees and pools. Hospitals by nature are quiet zones. Because people understand that sound itself can be quite debilitating and produce sicknesses and diseases. No one really likes to live next to a highway, mainly because of the effects of the noise and what it does to their energy body. This brings it back to the first point, right from the start, emotions. The emotions are noisy all the time. You're always chatting, always gossiping, always doing this and that with your mouths and your thinking processes. It's the same as that noisy highway that you don't want to live next to, is it not? Producing the same effects upon your body.

| So, I started off with color and now I'm also going to sound. Colour, sound, sound, colour. Therefore some music is healing, other music is destructive to the auric field of the individual. I want you also to understand that in the first lecture I gave, I talked about the human aura and we've spent much time talking about the differences of colours and their meanings, but when it comes to healing itself we're more specifically focussed upon

the etheric double. Upon the etheric body. That is the closest energy body. It is the energy body of the organs itself. It is where the electro-chemical impulses that stimulate your brain and give you consciousness are centred in. Sometimes they call this the desire body. There are many different names given to your etheric field. This is where your chakras reside, in your etheric double. The gross energies that are absorbed, that are coming out of your body, they ultimately have to find their exit through your etheric body. As I pointed out before, either the energies are shunted to an organ of elimination. Very often it's the sexual organs because that's also where most people are very active. Their problems are very sexual; one way or the other, their worries and distresses often relate to this. But also it can be eliminated through the entire etheric body, through the skin and often therefore people's skin is a good indicator of the state of their health. They have all these skin allergies. Cancers that eventually form in places in the skin. The splotches that appear on the skin itself. In all sexual diseases you have these skin eruptions because that is the organ of elimination in general for the body and it is localised. So when your splenic centre cannot contain the energies and there is no particular organ specifically that is your weakness as such, because you're basically debilitating the entire body, your skin becomes the organ of elimination. The agent of your sickness.

We can go into the types of classifications of diseases and we can forget about the way that modern science names them. It is always a bit amusing to me when someone comes to me that has a sickness. The first thing they want to do is go to a medical doctor and get the name of the thing, as if that is anyway relevant to anything whatsoever. What has a latin name got to do with the actual cause of the sickness. There are certain types of sicknesses that are basically due to your mind. There are other types of sicknesses and the majority are mostly to do with your emotions. Mental emotions are terrible for most people. The other types of sicknesses have got to do with the etheric body itself and the types of pranas that you are absorbing from the environment in which you live. All etheric bodies are interrelated. The etheric body of this planet is interrelated with that of the cosmos. All is just one huge energy grid. If you therefore live in an environment in which the etheric energies are quite toxic then you'll absorb that through your skin and suffer the consequences thereof. An example of this can be, for instance, the polluted atmosphere of many cities. If you are near an abattoir where they are slaughtering animals, those fear energies are what you absorb into your skin. So you can see that esoteric healing is a little more than just the learning of symptoms and what is the right medicine to go with the symptom. Look at the symptom, look at the medicine. But on the whole the true medicine is the change in that person's emotional and mental constitution and where they put their body. If they are going to continually put their body into a drug filled room with lots of terrible energies going into their etheric body, then they are going to have the inevitable effects thereof. Of course, while the physical body is young and naturally full of vitality, the natural vitality of young bodies ward off the disease bearing agencies for quite a while, but inevitably that vitality of youth slows down, the energy starts to peter out, and then the sicknesses come. One after the other, after the other. Until eventually we get those mind destroying sicknesses that cause people to linger in hospitals for months and months and months tied to a machine. We can of course, look at some other types of sicknesses and I could go into the fallacies of meat eating versus vegetarianism, and we can go into vegetarianism versus veganism and we can compare



veganism to a fruitarian diet and a fruitarian diet compared to living off air alone and pure water. All different types of diets have been tried, what I say is follow the noble middle path of the Buddha. No extremes in your lifestyle. No fanaticisms in your thinking. You are what you eat is a truism, and what you eat is the sum total of the energies that you put into your system, not just the food you eat but the sum total of the environment. Eat the healthy emotions of people that are loving, seek them out, don't eat the unhealthy emotions of people that are full of worries, fear and doubt and hatreds and spites and selfishnesses and things like that. Because those people will make you sick. They will corrupt you with their diseases.

It's interesting and if you read the book *Esoteric Healing* by Alice Bailey<sup>1</sup> he (D.K.) goes into many karmic factors of diseases, he goes into the evolution of humanity and where syphilis came from, where cancers come from, where tuberculosis comes from. These are the three prime types of diseases. One type of disease, syphilis for example, is to do with the sacral centre and base of the spine centre and physical plane interrelationships with other people, other beings, animal men. Cancers are the general term for diseases of the emotions and tuberculosis is more a disease of the mind fused with the emotions and we're getting more to the chest area. What I was also trying to bring to the surface is the types of diseases that come from karma. That come from wrong karmic actions and we can look at syphilis as the result of when human beings were on the whole in animal bodies, animal man many many hundreds of thousands of years ago and rampant sexuality or bestiality was where they were at. That form of disease was bred then as a mechanism for educating human beings of what not to do by showing them in the most direct sense the effects of their sexuality, in terms of those physical symptoms on those physical organs. When you go into karma and you begin to look at world periods as I have done, certain periods or epochs of time you begin to see group karma manifest. For instance, I've looked at the bubonic plague which hit Europe somewhere around the 14<sup>th</sup> century and killed a large portion of people, this was spread by the insects on rats, the fleas on rats and you find that the cause and the karma of that was the selfish, self indulgent lifestyle of people in the Roman Era, specifically the Byzantine era, where human life was not worth anything. The arenas in the Coliseum for instance, people were slaughtered in mock battles. People had slaves and the slaves were the absolute property of the individuals concerned and they could do whatever they wanted with the slaves. People were self indulgent, creating some of the grossest forms of inhumanity, man's inhumanity upon man, which can be conceived of because the value of human life was very small. So later on the whole groupings of perpetrators of that kind of civilisation had to suffer their karma and they suffered in terms of that kind of plague The disease bearing agent manifested itself in the insect kingdom in this case. All human thoughts, all human emotions are precipitated in all of the kingdoms of nature around you. The plant kingdom is diseases as is the animal kingdom, as is the mineral kingdom itself. The mineral kingdom holds within ancient disease bearing agents created by human thoughts and emotions. All the energies just simply congeal into those germs that modern scientists are busy discovering, the viruses and so forth, that they think are the causes of

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<sup>1</sup> A.A Bailey was an amanuensis for the Master Djwhal Khul (D.K.), known as "the Tibetan".

sickness and disease, when really it is the karma of human beings from ancient times and energies that precipitated into the mineral kingdom and likewise the plant kingdom and the plant toxins. The poisons that the plant kingdom have created in order to defend itself from the human, or the nature of human malices. And the animal kingdom, the flies and the ticks and other types of poisonous creatures that cause you problems. Our human worries, irritations, human phobias, on a mass scale. Precipitated into those animal entities; these devas in animal form, that give back to human beings that which they cause in the first place. They are agents of karma. Clean up your lifestyle. Clean up your thoughts. Be loving individuals. Understand the law of karma. Understand the nature of the deva kingdom, have a better understanding of the chakras and the way they work and you will begin to work more and more toward the production of a healthy body.

A healer must take into account the factor of death. Not all sicknesses are to be cured. Some sickness lead to death. Death is the natural order of things. It is ridiculous to think that somebody died of cancer at the age of eighty and say that cancer was the cause. Cancer is basically the symptom of whatever were the causes, but in truth it was simply that the soul of the individual is choosing to disincarnate. It no longer wants that form, it is useless to it. It's withdrawing its life force and therefore the disease bearing agents can start to proliferate in the body. No matter what you do in that body the life force will be withdrawn until that person can no longer be there. It dies. And the healers actually have to work with the energy of death as a potency. After all, all the religions say that there is life after death. It is quite amusing to see these Christians wailing because someone has died. They should be all joyous and happy that someone no longer has a body that is prone to sickness and disease and all those other problems that afflict human beings.

Another thing I'll point out in general healing is that when you look at the energy side of the disease, first of all what you see is a stream, a raging torrent of brown energy, or grey, murky energies coming out. It is not possible to heal the person then, when there's a flood just pouring out with sickness energy. What are you going to do? Do you apply your herbs or acupuncture points then. The only time you can actually heal a person is when those energies are starting to abate, the flood is subsiding and then you can apply your healing mechanism or technique, whatever it is, in order to make that flood subside faster so the disease or sickness is cured faster so that person doesn't have two weeks, they may only have one and half weeks of that particular complaint, that particular karma that they experience. That's all that a healer can really do. There's an old joke in the medical profession: a person has a cold and it's pretty bad so they go to the doctor to get cured and the doctor gives them a pill and they ask the doctor how long will it take to get cured if I take the pill and the doctor says about two weeks. Someone comes up and asks how long will it take to cure if I don't take the pill and the doctor says two weeks. What I'm getting to is that there is a natural time cycle to do with every sickness and no amount of wish fulfilling desire of the patient will allow them to get healed any faster or shorter than the allotted time for those energies to go through the body; if the energies are putrid and they are rushing out like a raging torrent no pill, no drug is going to stop that. You're going to be sick for the time that that raging torrent is coming out. And only when it stops coming raging and its crested over its peak, can the healing take effect. Whatever it is. The natural healer may wish the torrent to go out faster in order to make the healing

quicker. But you can't damn it up. What are you going to damn up? Create a big flood of putrid energies inside the body. Some healers do that. When it comes to the orthodox healing profession, most people suffer not so much from the disease but the after affects of the medication; the wrongdoing of the doctor him/herself, the ignorance of the doctor. The same often with the alternative medical profession. Yes, the healing profession certainly knows sometimes the right gift to give at the right time in order to produce the quicker healing of the particular symptom, but only when that energy is coming out. The healer should not try and damn up putrid energies in the body.

That's more psychological counselling and on the whole the true healer must work with the psychology of the individual, they must look at the emotional distress or complaint of the individual. First of all speak about the emotions, how they lived emotionally and then look at the symptoms that what they've done in order to cause the significance, the consequence of those emotions. So yes, the person gives the other person the right psychological counselling then they are doing far better healing than simply giving out a few tablets of this or that drug or herbs or whatever it is. Far, far more effective healing.

## Questions

### **Q: Can someone take out the negative tendencies of another person?**

That is more psychological. Psychological counseling, and on the whole the true healer must work with the psychology of the individual. They must actually look at the emotional distress or the complaint of the person's emotions. They must first of all talk about that person's emotions and how they have lived emotionally, and then they need to look at the symptoms of what they have done in order to cause the sickness, the consequence of these emotions. So yes, if a person gives another person psychological counseling then they are doing far more healing than simply giving them a few tablets, drugs or herbs. It is a far, far more effective type of healing.

### **Q: What is the best, energy healing or psychology?**

Both, both are needed. Basically if the person is just healing as such, what you've got is an egotist, a healer that egotistically applying a healing method. The true method is that the person, the doctor, is actually teaching the person, what they did wrong to cause that symptom and then for that person to work upon themselves so as to not produce those symptoms again. Basically the doctor should never ever see that patient again, because they've actually taught that patient how to heal himself or herself of that particular symptom. Therefore, you give them the psychological teachings and then you put in the energies.

In other words, you talk to them about the psychology and the causes of sicknesses and then you work at the healing cure **with** the patient. The patient must also work at the healing upon themselves. If the patient is not really working upon the causes of the sicknesses, what are you really healing? Nothing. The person is immediately going to go and do the exact same thing that caused the sickness. Its like giving a cigar smoker a pill

to stop the coughing, but not telling them the congestion in the lungs is caused by the nicotine in the cigar. While he continues to smoke his cigar day in and day out and coughing away, what's the good of a few things to try to suppress the coughing; its not going to work. Eventually that person is going to get sick. You've got to tell them that I can't heal you until you get rid of the cigar smoking. Likewise with all the other forms of sicknesses. People actually have to learn why they are sick and then you can give them the healing medicine but they actually have to work on the causes of sicknesses and be under no illusion as to why they are sick and most medical professionals don't do that. They are simply interested in getting the money off the patient and suppressing their symptoms.

**Q: A question about self-healing and how you said that once a doctor has seen a patient once they shouldn't need to see that patient again**

**(B: For that particular symptom)**

**Q: My question is, it obviously requires a lot of self-discipline if one is to heal themselves. They have to continually know what is causing the sickness and the subtleties of what is causing the sickness so they need to apply their medicine immediately, whereas the sickness may actually be produced by activities they enjoy and its very difficult for them to actually see it as a sickness/sickness producing activity.**

**B:** Well of course that's the problem. It's lifestyle. Most diseases are lifestyle diseases, diseases that are a consequence of people's lifestyle, such as the person smoking the cigar or cigarette. In this modern world it's a medically proven fact that these activities cause lung cancer and a whole host of sicknesses. But they enjoy the cigarette smoking and no amount of warnings on the cigarette packet will stop them from smoking and that is the same with virtually every other form of sickness. Generally no amount of warning is going to stop those people from the type of indulgent lifestyle that cause the sickness. What people of course want is to continue with their lifestyle and somehow avoid the symptoms of the sicknesses and eventually they discover that there is no such thing. The lifestyle will produce the sickness and it's inevitable that you will suffer as a consequence.

So most people make a trade off; a certain type of lifestyle that suits them to get what they regard as a minimal amount of sickness out of it. If they equate the two. And of course most people that are interested in any type of health and vitality they do certain things to minimise the effects of their lifestyle such as jogging around the block, some people take certain types of herbs, some people focus on a healthy diet, some people are in the gym working out. There are some real food fanaticists out there. Most people do have an idea what they want to trade off in their lifestyle to have a modicum of health that will enable them to continue on with that type of lifestyle. For most people in this world this type of trade-off is fine. They know they will live until they're about 80 or thereabouts and they know they'll probably end up in hospital a few times and they know they'll probably get their cancers and whatever and a lot of people in this society will get senile on top of it. This is their calculation of what they are willing to put up with for the

type of lifestyle, self-indulgent lifestyle that they live. So they continue to perpetuate the type of actions that produce sicknesses. What I'm more interested in is for people to understand that certain types of actions don't necessarily produce sicknesses in this life, but their actions produces sicknesses in future lives and some serious sicknesses that they will and must fix up. Our psychiatric hospitals for example, are full of people who have been playing around with psychic powers prematurely. Who've been wilful manipulating other people's chakras through psychic powers. But they can also be there because of modern medical drugs. People that are born with major disabilities such as missing limbs or Down syndrome or something like that, this is because of things they've done in past lives that they are now paying for. In other words, you can shunt and shunt and shunt through modern medicine and drugs for example and suppress them and suppress but inevitably the karma you created must come out exactly what you caused or inflicted on others and if it necessitates a major, major sickness, a major, major debilitating health problem for an entire life maybe in a third world country where there is nothing around you but poverty and distress than that is the way you will pay for that lifestyle. A physical plane doctor can shunt and shunt and suppress your karma but inevitably the karma will come out and you'll have to pay for it in full, whatever you did to other people, to other beings on this planet. The only way of overcoming this is the law of Love. To love and to really understand how to give to this planet. How to generate positive healing energies in everything you do in thought, word and deed.

**Q: Is our love not egoistic love?**

It can be. For many it's a form of selfish love. I can give to you because you give back to me. Many people are like that. But true love does not relate to self-focussed activity. True love is simply giving because of the joy that's experienced in seeing the effect of the giving producing the beneficent results around. Ultimately even that joy goes because one simply abides in the bliss of being and automatically one knows once the gift is given that it produces beneficent results. The true love is that which produces enlightenment consciousness and eventual liberation from the need to incarnate again. Not just for yourself, but for all sentient beings because you discover that love is group evolution; love is evolution of the whole; and a being can one can only work for the evolution of the whole if oneself is to evolve at all. All sicknesses and diseases ultimately you'll find, the majority of them are group causative. Virtually nothing happens in isolation. We do very little on our own. We interrelate with people all the time, we have all types of karma with all sorts of people all around us and so when you are truly loving you are only thinking of the benefit of the whole and as the whole evolves so you evolve. So you work for the betterment of the whole. You work for the elimination of sicknesses and diseases in the planet as a whole and latter in the cosmos as a whole.

The individual sicknesses are only a mirror of what is out there; therefore you work upon the external first and the internal takes care of itself. So its egotistical at first, but later on it simply a spontaneous recognition of the sicknesses and diseases within the planet as a whole. And you go to meet. And you only have so much time and energy though ; so you do need to work out the best arena in which you can give...for some it may be the plight

of women, the way that they are downtrodden and so forth, for some it may be materialism, the way people abuse the natural resources of the planet for their material comforts and selfish attitudes. You are always working to give so that everything you do is the engendering of clean radiant aura. Automatically your aura becomes cleansed because your whole thought is outpouring, everything you are doing relates to the upliftment of others. The Lords of Love, council of enlightened beings pour the energy of light and love into you and you pour that same energy into out to heal the sickness around you and as the energy of love and light is poured in you where can there be any seeds for sickness or diseases within you. Your aura becomes transformed into a body of radiant light. The more you learn to love the more you learn to give, the more healthy you will be! Because that's all that an enlightened being: one that is a full aura of radiant giving, therefore there is nothing sick in that individual because everything that is coming through that individual is going out to relieve the sickness, disease and distress of the entire environment in which that individual lives. When more beings begin to live in harmony and cooperation in this way so the planet itself can become a sacred planet and sickness and disease will finally be conquered. Live in love and learn to grow in light.

**Q: If sickness was actually inevitable and necessary will there come a time when we would die or cleanse our karma in other ways and sicknesses would not be a part of the human condition?**

St Paul in the Bible puts it this way. This whole planet groaneth and travaileth in pain together. God is imperfect because human beings in the body of God are imperfect. Everything is evolving together. So as you work toward the cleansing of your own individual distresses and pains and you link them to stresses and pain of the societies of which you work in, the society in which you are living in begins to realise that the cleansing of all of societies distress and pain is for the betterment of the entire planet and we all begin to work that way, all human beings, then you begin to find that the human family on this earth is but part of a cosmic family and there are other arenas in the cosmos with sickness and disease and so the whole creation grows and evolves together to heal and this sun becomes a supernova and the galaxy unfolds into a brilliant ball of light and it goes onwards and upwards and forwards and into multidimensional space until there is no such thing as form left. We can go into cosmic visioning; but on the whole that is the process. Everything reincarnates. Everything evolves together.

Wherever there is a manifest form. There is a seed of sickness. Beings incarnate because they have sicknesses from past lives to fix up; Gods incarnate because they have sicknesses from past lives- that is the reason for existence, the reason for creation. We human units are but the white corpuscles in the body of God working out to cleanse the dark invaders, the disease bearing agents. That is what Love is all about.

**Q: Human beings can become God then?**

Of course. Both Buddhism and Christianity and certainly Hinduism speaks of that. Paul says the Christ in you, hope to glory. The Buddha speaks of the *Tathagatagarba*, the

Buddha seed in all sentient beings. And okay, Buddhism may be atheistic and doesn't speak of God as such, but once you begin to understand what a Buddha truly is, you understand that a God is simply an evolved Buddha that has attained nirvana and gone out into cosmic space and evolving still. No such thing as the ending of evolution. All have this God consciousness. We can go into a lot of philosophical debates here, but it's another subject all together. What god is and is not. Of course of you all know, the principles of philosophy, the theory is easy, the practice is difficult.

So becoming disease free is hard. Once you understand the need to cleanse and purify these things- and you begin to work upon your emotions and mind and you're working toward god realisation, liberation and nirvana you're working to become enlightened beings- then you are cleansing the grosser pranas and then you get the sicknesses of the past. You may in fact be doing all the right things- but still the sicknesses are there. You have all this karma, from thousands and thousands of lives that must be cleansed. Its only once all of that is cleansed that you can go on as a fully liberated Buddha. And you take all of humanity with you. That's the essence of the bodhisattva path and also Jesus when he said: .... It's the same thing. And so each individual unit realises that and they can't cleanse the sickness within themselves until they've cleansed their karma and they can't do that until they work upon the cleansing of the karma of all the human race; and thus you get the appearance of all the saints and sages of this earth.