

Life After Death Pt 1

The talk we give today is on the nature of life after death. I usually begin with a poem. There are not that many poems I actually have that relate to life after death but I did want to read out one on a dialogue between a student and his teacher. And it has got to do with the problem of living in a body, a physical body. And for some people that are following the path to Light the physical body is a real problem. We're living in it, and most people that are travelling to Enlightenment are trying to get out of it, one way or the other. And many people are trying to deny it, deny its existence.

So much of it concerns what happens out of one's body, and it's a well-known fact that the life of meditation and the life after death are similar. As a matter of fact all that one is doing when one undergoes the process of enlightenment is learning how to escape the bounds of the physical body and the consciousness that traps us to it. The experiences that one has as one goes inward and then outwards into multidimensional space in meditation is similar or the same experience as what happens when the body is released at death. Many on this path to Light try to mortify the body in other words they try to get rid of it in one way or the other through starving it or going to the forests or mountains and trying to act as if it doesn't exist, they become monks and try to deny their sex and so forth. And this poem has got something to do about that. It's called a dialogue between an aspirant and his teacher. And the body here is simply called the shell.

Aspirant

*"This shell, this shell, this bodily shell.
how do I get out of this bodily shell?
It holds, controls, surrounds, dumfounds and confounds me.
It hinders travelling to full awakening,
restrains vision to this worldly perception.
It causes constant inebriated sensual pursuing
of death like habits and repeated sensations;
miseries, glammers and painful expressions.
How do I get out of this bodily hell?"*

Master

*"This shell of yours is of angelic construction,
It is a field of opportunity wherein
enlightened purpose is unfolded,
and contains faculties that when developed
will allow you to master all forces and energies
in the realm of human endeavour
and to express the qualities
embodied by the Divine Creator.
Yet momentarily this shell blinds you to the glory
of full light supernal, the inner sun that
you know by intuitive perception to be at the heart of your full being.
With no light, there is no love, nor joy or understanding
and there can be no Vision.
If nothing is seen then the way cannot be found,
nor the path travelled, or peace achieved.
Only much stumbling and groping in the dark.*

*Take care that such blindness
is not mistaken for inner solitude,
or reticence for realised awareness.
How many times must you travel
on the same road before you
can understand the nature of the journeying?
Is it necessary for you to have a guide on the path?
Can you light the lamp that will show you the way?
or will you ignore the necessity of the journeying
in order to live at peace with a past understanding
that flowers, not nor has maturing
because of an inability to take steps of resolution?*

*Will you discard a vehicle developed for service
when the first mounds of adversity
blocks the mountainous road before you,
or when an "ill wind" blows away the covers
of your self made complacency;
Or an earthquake shatters the construct
of the "safe house" of tomorrow's established security?
What is your body in relation to all Being?
Indeed, how can you recognise
what you're really seeing?
Your bodies' form implicates
the path of complete self-mastery.
How can you travel without your feet
for the journeying, the Eyes to Vision the Plan,
or the ears to hear the silent Voice
of the realised Guru?
Inner resolution must be strengthened
by determined Insight,
and all outer experiences tasted,
for one gains by selective discrimination
of the mind built by the full expression of all the senses.
At all times experiment with presented opportunity.
Your threefold body will give full warning
of its needs at all parts of the journeying.
Do not fear to face a new beginning,
or to see in another's mistakes your own upbringing.
Self-mastery is your avowed achievement
And Divine Realisation the fruition
of a long time searching in bodily shells well worn,
Scourged of defects, yet battle-scarred,
then transformed.
Your unfoldment has encompassed all types
of sentient experiences, lifestyles and receptions.
Divinity cannot help you if you are not willing
to link your heart and hands with all your brethren,
to touch their lives with good intention,
to serve their needs with your full attention
with body, speech and mind,
a united vehicle, and to walk to the road
of the worlds salvation.*

*If you think only of your own path and tribulation
you are stumbling in the vale of self-illusion,
A mere baby in the realm of meaning,
innocent of the nature of accomplished mastery,
ignorant of the Laws of Love and Sacrifice
That produce final liberation
from that vitalised shell that's your adornment.
If you visualise only in relation to yourself
you are blind to the art of seeing.
True beauty, peace and tranquillity
abound only in the realm of meaning
and unfold as multi-dimensional Universes of Being
in which all entities have their place in field
of resolution, and where the senses
find transmuted application.
Your path and my path have the same maturing.
Walk with me and end your anguished dreaming.
Your bodily shell will then produce no limitation,
only a skin delineating one field of awareness
from another far more encompassing.
Avenues within that shell can be found
that will lead you to Revelation
of That new enlightened expansion.
Steadfastly strive with inspired aspiration,
and those who have already mastered
will give you the keys to full understanding
to the developed heart that is the doorway
to your escape.*

*(If you take no heed of tuition
Born through enlightened standing
Sangsara's troubled path then
will be its karmic fruition.)*

Disciple

*Your tuition will indeed find fruitful application.
This shell will be worn well.
It will become a vehicle to serve all in need,
to unfold its transmutative ability
Wherein the four Elements become expressed,
developed and interblended,
whilst the senses themselves become projected
to experience in all dimensions of perception,
to break the bounds of illusive wandering.
Every form of experience shall be mastered,
the path trodden to perfection.
I bow down in obeisance
to the Guru and his instruction.*

OM

So what we're talking about today are these dimensions of perception. These other states of being that reside inside and outside our bodily shell: the skin that senses. I have a chart here which some of you can look at later on, of the seven planes of

Perception, the seven dimensions of Being. It relates to the seven days of Creation in the Bible, the seven Rays of Light. The whole of the universe is ordered according to this number seven.

Well if you read my divine causation you'll find that an abstract trinity manifests itself as an objective, triple reality, via an ever-changing fourth-point, and that in itself is the Star of David or the seal of Solomon. Father, son, mother or life, appearance and consciousness is all there is. The father and son producing the child in all realms of being, and that reflects itself *ad infinitely* into the ever-appearing form that is an illusion. So we get this three archetypal and three expressed forms via a mirror that reflects one to the other making the seven, and so it is in all things.

Each of these sub-planes, each of these rays has seven. Each of these planes or dimension of perception or sub-planes also have seven sub-planes to them: $7 \times 7 = 49$. To the dense physical plane we have the elements, as you know them, the dense physical form, the watery-form and the airy fiery, form - the triplicity there. We have then four etheric sub-planes in ever increasing subtlety. These ethers hold the chakras, seven chakras for the seven dimensions. There are also minor chakras that relate to the astral plane proper.

When one is talking about these dimensions of perceptions therefore we are looking at the chakras as the mechanism or doorways into each of the dimensions. The base of the spine to the physical plane including the etheric substratum.

The sacral centre, referring to the etheric itself proper.

The solar plexus to the astral or emotional realm.

The throat centre to the mental plane.

The heart to the realm of enlightenment called *buddhi*.

The *ajna* centres, the eye of direction relates to what we call *Atma* or spiritual world.

Technically there are five main dimensions associated with human evolution of the seven. The higher two have got to do with the spirit, cosmic evolution as I call it. And there are really five main *chakras* in the body that relate to these five planes, and there are five elements. In the Buddhist philosophy the *ajna* or the third eye and the head lotus become one and are seen as a unity, they're overlapping each other, and the base of the spine and the sacral centre are a unity. The other three are the *manupura*, the solar plexus centre, the throat centre and the heart centre..

This is a bit of technical terminology to those of you who are interested in Eastern philosophy. Now this subject is also tied in with reincarnation, as you know, those of you who have listened to my talk on karma and reincarnation. I could of also styled this talk 'the soul and it's mechanism', or 'the mechanism of reincarnating', because all that one does when one leaves ones body at night, in meditation or when one dies, because the process is the same in all three if the meditation is done properly, is go into the realms where those that are preparing for reincarnation exist. It's as simple as that. There's a whole mechanism associated with that bringing back into a physical form those beings that are preparing to reincarnate. This is for the average being or the average spiritual being. There are states of enlightened, or high-enlightened states, where great enlightened beings go to beyond the realms of birth and death, and they incarnate by choice, not because it's a necessity because they have karma associated with the material world as such.

Now when one drops one's body and one simply drops the body, the body leaves, it leaves via some chakras, minor chakras in the shoulder blades, and one in between the shoulder blades and then out it goes, and the body of course, is left to rot, be consumed by worms or be experimented on by the medical profession. And you are out of your body in an etheric form. All that has really happened is that the vitality of your body has gone into your etheric body, the etheric double, which I explained somewhat in my talk on the aura, and it is then standing, looking at the corpse, and saying 'what on earth was that about?' If it is a normal death.

All of you leave your bodies at nights. I've shown a picture of the actual leaving of the body or one aspect of it. All of you leave your body at nights and go into this etheric state, and some of you into the astral state, and those of you that are far more mentally polarised go into the realm of the minds. And you look at that body and it's virtually meaningless to you. It's not the real you, it's not the reality, it's a shell that's been created in this particular life for the purpose of going into incarnation, or the purpose of cleansing certain types of karma.

If the being had died in an accident or suicide or some violent way like that, then there's a lot of vital force there, and the being is often bewildered as to where they are. Now this etheric form, this etheric body, can travel with the speed of thought, anywhere on this earth, pass through walls, and so forth. But for the first week or so, normally, the being may do that, they say 'oh gee I want to visit Paris', and off they are in Paris. Of course the people in Paris will not be able to talk to them, because they do not have the mechanism of listening to what they have to say. However on the whole, they do their dutiful thing in visiting the wailing ones, they say 'look I'm not really dead I'm alive'. Ah! but these people can't listen, they're too busy being traumatised or whatever, presuming you've got people that actually love you. They might visit the relatives or the aunts' three hundred miles away and then come back, they are often watching their funeral, with detached interest. Now, after about a week, sometimes two weeks, depending on the type of vitality that's left in that person, beings come from the higher realm, the astral realm, guides if you wish, and they take them to a higher realm, and they drop the etheric form behind. This is an etheric shell, and it's just another physical form. Most of you who have taken drugs can see it quite easily; some of you can see it quite naturally. We regard it physical in the true physical body because this shell, this physical form that you all take as the reality is the illusion, it's always changing, and it changes according to the energies coming through this etheric form and its chakras. The reality is that energy body: the energy field and the consciousness that works through it.

So this shell is then dropped behind, and you go into the astral realms, and it's specifically this astral realm that I want to talk about. When a person is still alive and they leave their bodies at night, they leave their bodies through either the top of their head or through the solar plexus centre and linked to the body is a silver cord, and it's mentioned at the end of the Book of Ecclesiastes in the Bible. It's this silver chord that determines whether a person is dead or alive: if they are alive there is a silver chord attached to it, and you can quite clearly see it clairvoyantly, and if they are deceased there's no silver cord. The full vitality is in that individual. Simple is it not. All of you therefore leave your bodies at night, and you will sometimes arrange to meet somebody, and you will talk to maybe your father or your mother in some distant country, and come back with memory and a remembrance of the fact that

you've talked to them because you'll have a fond wish of that person, or decide to write a letter or something like that. Sometimes you have dreams, and often these dreams that you have are just simply the memory of the remembrance of what you experienced on the inner realms. Sometimes you'll arrange to meet someone that you haven't seen for a while and all of a sudden you'll meet them on the street, not little realising that this was prior arranged on the inner realms. And of course people from your past lives that you don't know in this life suddenly appear, and all of this is prior arranged on the inner realms, you know them full well on the inner realms when you leave your body, its just on the physical that you don't, and so you meet and fall in love or whatever it is that happens as a consequence. Often *deja vu* experiences are of this nature.

Incidentally for those that are suicide victims or died traumatically, when they actually leave their shell, the etheric shell is left behind full of vitality, and sometimes entities, monkey like entities - indigenous entities to this realm, inhabit it, and they keep that vitality alive, and this is part of the explanation for ghosts. We can go into this some more sometime if you want. Now the astral body, this sixth dimension, counting from above down, or the second one counting from below up, its element is water.

The five dimensions of perception associated with human evolution is that of the: Physical plane and the etheric substratum and its element is earth.

The astral plane and its element is water.

The realm of the mind and its element is fire

The realm of the intuition or the enlightened being, its element is air.

And the realm of the spiritual will, or the higher enlightened standing – its element is ether.

And these five elements are seen throughout alchemical law, both in the Eastern philosophies and the Western philosophies they are there. The Greeks used them, the Egyptians used them, the Buddhist and the Hindus used them and so forth.

So we're looking at what's often called the fourth dimension and fourth dimensional perception, in this case translated as the astral plane. And what the astral plane exists of is the sum total of people's emotional lives. Its been created by humanity for millions of years, or lets say many, many tens of thousands of years. Throughout the evolution of humanity, whilst they've had imaginative lives, they've created the heaven and hell states, seen in all the religions, on the astral plane. And there are seven sub planes to this astral realm, each of increasing subtlety, each of increasing beauty. The lower sub planes relate to the hell states and the higher sub-planes relate to the heaven states. If you have come to my talk on the nature of the aura, and then the former talk on the thought forms, then you'll know this astral substance, this auric substance we are talking about is fluid. Its ever changing and adapting itself according to the way that you are emotional, and people can read these thought forms according to the colours and the energies put into them. I've mentioned also on my talk on thought forms that on this astral realm people create huge thought forms as to images of deity, the nature of god, of the gods, of these Hindu gods you see around you, of everything they desire. Whenever you desire something strongly, you build an image of it, and then you try and make that image real, and likewise for the sum total of humanity. Whatever they desired collectively they built images of it. That image then is given real energy, real substance to it, which is your emotional substance, or your

mental-emotional substance. And it's this mental-emotional substance based on the images you've created, and all of humanity have created throughout all their lives, that this astral plane is composed of. Its simple enough.

Back in the days of ancient Egypt, basically they tried to sustain a person with these images. When somebody died, they often painted in the tombs of the wealthy of course, everything that those individuals needed and desired on the physical plane: stacks of food, lots of pretty women for the men, and probably pretty men for the woman. That whole world was painted there, and was created through implication, many days of saying mantras and visualisations of what they thought the being desired and needed in the after life. If you go back earlier than that, it was not images that were painted on walls of temples, but for the rulers and nobles, people were actually sacrificed, their whole lives were sacrificed. You get 20 or 30 members of a harem all being killed for the sake of the one who died. Later on they found a more humane way of giving a person in the afterlife some sort of beauty and sustenance and this was these astral images they created through visualisations, and the whole religion is based on this. All the religions of those times.

Symbolically it's the golden calf that the Israelites worshiped. They painted that image with their mind, of what they thought was the real, the image of deity. You can therefore imagine that this astral realm contains myriads of such images. They have a whole state religion that has painted an image of what life after death is then there's millions of beings that have created that image with their emotion and their devotion over hundreds and sometimes thousands of years, very strong images indeed. So we have images of Christ, images of Krishna, images of God, images of no god, images of fat bloated Buddha's, images of very serene Buddha's, all created by devotees of those religions. And if a devotee of a religion has created those images, as soon as they leave their etheric shell behind, that image then descends upon them and becomes the reality for them. That's what they live in, what surrounds them. They see God. They see Krishna they see the Christ and they worship him. It's what they themselves have created. It's the reward, the karmic reward for their devotion. Of course if they created images of hell, then they get those images also descending upon them. So I want you to understand that this realm is very fluid, very plastic. Everything to do with the three worlds of human evolution - when I talk about the three worlds I'm talking about the physical plane, this astral plane and the world of the mind - is transient, ephemeral, nothing lasts forever.

Now, this astral realm is more than just the images that people have created. There's more to it than that. It's also created by means of your emotional substance, people's hatreds, people's fears, people's anxieties, and people's selfishness. When you leave your body and you go into this astral plane, all you've done is left your body, it's there rotting away. It's no longer dulling or toning down your experiences, your expressions and your emotions. You now live in an emotional body, complete, without it being in any way toned down, without it in any way being dulled by the sense and our brain. Pure emotions. Pure cravings. Pure desires. Pure sexuality, and no means of fulfilling those. And that is the hell state that people suffer when they die. And they suffer for the length of time or the strength of the energy that was put into that type of emotion, that type of sensation, that type of desire, that type of hatred, for the length or the strength that that was created - that is their karma. Ultimately it teaches people what not to do, and they become enlightened because

they learn through these types of experiences when they reincarnate. They have an aversion later on to strong cravings, strong desires, strong attachments to ephemeral things, and therefore it pushes them on the path to becoming a Christ or Buddha. And all must - that's the way evolution goes.

So this astral realm is a realm by where we are educated and we suffer our karma. Our karma for our emotional misdeeds, our karma for our desires, our selfishness and our hatreds and things like that, that did not necessarily manifest on the physical plane, what was not cleansed by our emotional bodies.

Collectively humanity has created some terrible conditions on this astral plane. When one has spent the whole life pursuing selfish activities, for instance, money, money and more money and everything that money can buy for that person, then they build an empire which they steal from everyone else and take from the environment in order to build around them. That selfishness then descends upon them like a cage, with everyone else's cages of selfishness. Those beings that are inherently selfish like that, when they die and they get out of their physical body and out of the etheric state, find themselves in a most squalid condition. They might have been millionaires and billionaires of incredible wealth on the physical plane, but on this astral realm it's a different story. The full extent of this selfishness, and the horror that they have committed to other people to amass that wealth, whether by legal means or not, just simply working deeds of ill will to humanity in order to please the self, they find that they end up in the lower strata of the astral realm, in hovel type conditionings full of mud and muddy energies, and they reside in that realm for quite a considerable time, again according to the strength of their avarice. The stronger they are selfish, the more they think of themselves in relationship to the other, the deeper the pit, the black hole they make for themselves, the murky hole, the murky swamp that they reside in. There's no love there, because they've deprived themselves of love. There's very little light there, because their consciousness did not create any of that on the physical plane. The auric colourings that they have manifested throughout themselves is murky, swampy, dull, inclosing them with those types of thoughts and those types of energies. There's no such thing as perpetuity on the inner realms, in other words they come out of that. It's not like the Christian concept of eternal hell, and hell it is indeed, and all religions speak of it. The Buddhists speak of these *pretas*, with tiny little mouths and big bloated stomachs, and they are always thirsting, and they live in deserts, and all they want is water. Whenever they find a drop of water and put it in their mouths it burns their stomach even more.

Understand that such a thing as time does not exist on these realms. Time only exists on the physical plane in relationship to your cycle of events. You count it as the clock ticks away, day and night, day and night. But day and night is only the relationship of the sun, earth and moon, as the earth revolves around the sun. On this inner realm, there's no day and night, there simply is this duration of experience, of the experience of whatever you created whilst you were alive, until it wears away from you. What happens on these lower stratum of the astral plane is that loving types, such as yourselves, will spend quite a considerable amount of time going into those realms to try to rescue people from there, rescue beings, try to teach them that there's a higher state of being, to turn their eyes towards light, to teach them a little bit more about light and the realms of light. This is a form of service work that many, many disciples on the path do, and some of you spend your time doing this when you leave your bodies at night. Ultimately those conditions wear off, and those beings go into a

subtler state on the inner realms. So for the most selfish, the most hate filled individuals, they get that, that's their karma, this murk. If they are purely selfish its murky, if they're hate filled and they are fiery in their hate, its fiery, the energies around them. It depends very much on what they've created. The wonderful thing is, however, for the most of humanity, the loving types of human beings that we have around us everywhere, they're not really all that ill-tempered, or they just have nice emotions and they struggle with life, or life's not easy for them, they're trying to bring up their kids the best way they can and they are generally generous to their friends and family and so forth, and they are caught up in materialism, yes, but on the whole life is a struggle. But they spend their times dreaming of a better life for themselves, nicer environment, they may be living in quite a poor house and they built for themselves on the inner realms quite immense houses. Average humanity have built on the astral plane, with their desire bodies, with their imaginations, out of this substance quite a beautiful environment, everything that you can know that is good on this earth is there, but with much more vivid colouring.

Understand that when you've left your body, it's the law of thought, of mind, that conditions everything. When you leave your body, most of you, and this is either at nights or after you've died, most of you, the images that's strongest in your mind is the picture of yourself, the way you actually look, and so you'll leave your body with that image, and so your immediately clothed with the face and form that you have. Very often its naked, sometimes it's in clothing that you really like, it's all conditioned by the laws of thought immediately clothing you. However if you had a proper understanding of the laws of thought you could come out in the form of a tiger, or a dog, or an amorphous shape. Its just a matter of how you use your mind, thinking yes, the energy of mind, because when you've left your body, what you have left is an emotional body and a mental body of those conditions associated with human beings, and it's the mental body that rules and the laws of thought, the laws of mind that govern. So you can with the energy of thought create whatever you wish once you're out of these grosser realms, these hell states on the astral. People have created for themselves beautiful mansions, musicians, for instance, will continue listening to very, very exotic music, because you're listening with astral ears now and not physical plane ears. On the physical plane your organs of sensation are localised to sense receptors, except for the sense of touch, which is a universal sense. In the fourth dimension, this astral plane, your organ of sensation is the entire astral form. You hear with the entire body. You see with the entire body. Its not limited to physical eyes.

Technically if we're going into the mathematics of the various dimensions of perception, you can start off from a singular point - zero dimension. The first dimension is another point, a line drawn at right angles to it. The second dimension is another point drawn at right angles to that where you get a flat piece of paper, a flat world. The third dimension is at right angles to that, another point, and it produces cubic space, the type of space we see with our binocular vision. The fourth dimension has another line drawn to that, at right angles to it, and it allows you to see all six sides of a cube at once, as if you're standing within and without that space, and that's the way you view with your astral sense, because the substance of the astral plane permeates that space and you experience with that substance. So you can understand if you're a musician you experience some very beautiful music indeed. We're going now to about the fourth sub plane of the astral. That's where average humanity goes and a lot of spiritual beings, and there you have libraries of learning, beautiful homes,

beautiful sceneries, lakes and birds and things that people have created, and you can go from one spot to another simple by thinking of it. As soon as you have thought of it you are there. And if you want to create a house, you just have to sit there and meditate and you create it out of astral substance exactly how you imagine it, you need to put a little bit of will into it, and so you are taught that, by helpers – spiritual beings - on this realm. There are hospitals there for those that have come out of their physical body and are bewildered still, or have this type of emotionality around them that I've described earlier. They are people that for instance are religionists and have created this huge religious thought form around them, and these people live in that religious thought form for quite a while, embracing their Shiva or their Krishna or their Christ, until eventually that thought form dissipates, as it must because it does not have substantiality of its own. And then the true conditionings of these astral environments, the greater conditioning, descends upon them, and they are bewildered, and they need help.

Life After Death Part 2

So there are many, many beings on this realm helping, helping, helping many other beings that are coming always from the physical plane until they learn how to exist, how to create thoughts, how to create forms, how to build their buildings, how to have a very good time. For average humanity this realm is a place of rest for them, a place of reward if you wish, because they've had a hard rough time in the physical body, and they basically need a reward for that. The women that have spent most of their lives bringing up children, being battered a little bit by husbands or whatever. So this is the reward, this realm, this peaceful realm, where you go at night on the whole. And when you bring back memories of this realm, you'll find that your dreams are very vivid, very colourful indeed. The colours are very bright. The word astral means starry. The realm itself is self-luminescent, it has its own internal sun and the sun shines there 24 hours a day. So those of you who have quite lucid dreams, quite vivid dreams; are meeting people and listening to music or whatever, you've gone in your astral body into this realm and come back with the memory. Generally when you come back into your physical body - you find that certain ways of doing this is often that you're looking at a television set and then all of a sudden, bang!, you're back into your body. The television set is really looking down on the astral onto this physical plane. Often when people go back into their bodies and they've just awakened they've found that they've gone into their bodies very fast and it causes a bit of a snap, and there's a slight jarring, and your awake. That's the sensation of coming back into your body. Any of you who have actually consciously travelled astrally, you'll know that coming into the body gives you a cold and clammy feeling. It's not a nice experience until the etheric form properly adjusts itself to the physical.

So for the average human being after they've cleansed themselves of their basic emotions, some of their selfishnesses, they find themselves on this fourth subplane on the astral in a heavenly state, and there they learn things. They can look at the true history of the world for instance, not coloured by historians and their misperceptions. They can learn science and so forth. There are all sorts of places of learning. Beautiful places that people can go to in the astral forms, and of course as I've said, they just need to think and they're there. You can see quite clearly what I'm really talking about, whether you're out of your body or in your body, it is meditation. On the astral realm, you're higher in substance to the realm of mind, to the realms of divinity, and therefore, in order to work and walk there you are meditating. Whereas on the physical plane we have to learn to still our bodily emotions and sensations through meditation in order to reach these higher states. So we go from the hell states, from really murky terrible conditions through to conditions that are not so murky, where the houses are a little bit less a pigsty, to this quite pleasant, wonderful surroundings where people's higher emotions have created beautiful places to be in.

In this realm also you can see the devas, the angelic kingdom, learn something about them, and you can try to communicate to people on the physical plane, those that you still love that haven't died, of course they come to you every night

when they leave their bodies, but sometimes you may want to impress them with an image when they're alive and you can try to do that. Most people are not aware of this but sometimes you may get an image or an impression of a loved one that had died at a certain time, when you need it. When you need some sort of inspiration, all of a sudden that person has flashed into consciousness some image that is useful to you and so you go on.

But on the whole, these beings, once they've died and they've entered into this realm, are not concerned with what's happening on the physical plane. It's really irrelevant to them. And people that are busy grieving for their lost ones, their loved ones who have died, are doing their loved ones a great disservice, because they force their loved ones, these ones who have died maybe 5 years ago or ten years ago, to always focus down upon them, upon these beings that are grieving for them, when they really just want to enjoy themselves and have a good time on this realm, experience what they need to experience. It's best not, therefore, to grieve for those beings, but be joyous. When people die we should have parties for them, be happy that they are now released from the bonds of this physical form. Cemeteries should go in time. So we're talking about this astral plane, the fourth dimension, where most people go. Most people are emotional, most people have an emotional life, and therefore they have this emotional karma, and this realm is the realm of the emotions. So exhilarated emotions, good emotions, produce good experiences, loving emotions produce these good experiences on the astral. Hateful emotions, selfish emotions, emotions that are just geared for making money and so forth produce terrible conditions on this inner realm.

As one on this astral realm works out, on this heavenly state, their experiences, there comes a time when they've learnt what that particular sub-plane teaches them, and they are taught to go higher. They leave the grosser emotions behind and they start to reside in their more exhilarating ones, that of pure creativity; the higher sub-planes of the astral realms are of inspiration. You may go to a domain where there are pure crystals, and crystal light, and crystal like beings with shimmering light everywhere. With things to learn there. You leave all the grosser emotions behind and there's just exhilarating emotions. Emotional space.

Eventually, in the life of most however, they must also eventually die to this astral realm, this heavenly state, and they go into the realm of the mind. Here's where the karma, and understand it's all conditioned by karma. There's nothing in this universe that's not conditioned by karma, just different types of karma. You suffer or you experience the good karma of your good emotional life when you die, or your bad emotional life depending on whichever one you've created. Likewise with your minds. Those of you that are mental, that do a lot of thinking and pondering and reading and are excited by philosophy and so forth, that are quite creative, they also have the karma of the mind, so they leave these astral forms behind eventually and live in an ocean of mind. This ocean of mind is not so much conditioned by forms, but pure (I've used the English term noetic, but most of you would probably not know it) but pure mental energy; Streams of colour, streams of thought. The scientists, for instance, that were busy working on such things as Einstein's theory of relativity or any other creative being,

suddenly is in tune, is directly experiencing every thinker's thought about that particular subject, and it's not only of this life, but of all the past lives. They can experience the thoughts of the Buddha if they wish, or the thoughts of Jesus, or the thoughts of any other great sage or saints. They can live in that mind stream, or they can live in the mind stream of other creative thinkers.

There are four sub-planes of the concrete realms of the mind, of increasing subtlety. You start off with real concrete thoughts, as most of you sometimes have, thoughts conditioned by the material world. And so when you leave the astral body you first of all go into those sub-planes and experience the karma. You may have had nasty thoughts too, and that type of karma has to be experienced or cleansed out, fiery thoughts. As I told you before the mental plane is the element of fire. It's rare for mental types to actually have dreams as such, because they often bypass the astral plane when they go back into their bodies. Generally, before you go back into your bodies you clothe yourself in this astral imagery of lakes and seas and of people, and that's the last thing you remember before you zap back in. But this particular realm of the mind is pure thoughts. You can imagine, therefore, the exhilaration that these thinkers have, these devotees to God also, that are not hindered by emotions at all, not hindered by the physical body at all. Even high exquisite emotions are left behind. It's just pure mind, mind within itself, and streams of lighted mind substance, and all the thoughts that have been created by all the thinkers, there, past and present, and those thoughts that also go towards the future.

This is the realm where beings begin to see the future. In esoteric philosophy, there's also a thing called *akasha*, and some of you may have heard the term or the phrase *akashic records* as I was talking about the future, and basically the *akashic records* are the imprint in energy, in astral substance, in the higher strata of the astral plane, and on the realm of the mind, of every thought, every feeling, every sentiency that anyone has ever produced, and that projected well into the future, all the karmic streams there. And those that have the capacity to open their inner eyes to see these records, they can see the future, and it is conditioned of course by their astral glaze, by their emotional glaze. How much are they emotional? Do they distort the vision according to the patternings of their belief systems, and so forth. Most that is channelled through is thus conditioned.

Incidentally this astral realm also contains many impostors of divinity, many false prophets, many so called sages that are ever willing to inspire or to give information to anyone that in anyway wants to channel information. There are thousands upon thousands upon thousands of deluded messiahs on these inner realms. People that have formally taken a religious path and think they have much to give, and they pose as Christs, they pose as Krishnas, they pose as Masters of Wisdom, and they are quite happy to send streams of thoughts to anyone opening themselves up to those thoughts, more than happy. Very few people that receive channelled information, I can almost not know of any, even Edgar Cayce, some of his stuff was very good when it came to healing and not so good for some of his other impressions. Very few receive pure streams of thoughts from high Enlightened Beings. It's nearly always channelled from impostors masquerading as enlightened beings, because these channelers have

not been trained to distinguish one from the other. They do it unconsciously they do it automatically; they do it through their own emotional bodies, through their own astral glaze, through their own minds. Very impure substance there immediately distorts and warps what is has seen, and even if they do see something clearly, then they often get these impostors giving them whatever these impostors wish to give them: UFO information, information on the Pleiadians, it doesn't matter, God.... And some of it is of nice quality because they are religionists and they have learnt something on the physical plane, they've learnt a little bit on this astral realm as well. But high truth? No.

When I go into the nature of psychic phenomena I also talk about magic, black and white magic, and I'll point out there's also these types of entities, all types of entities exist in this realm, which are not human necessarily, because there's other streams of evolution than human. Human beings are arrogant to think that they are the only ones in this whole universe when there is much, much more than this. This whole universe is multi-dimensional and has got many, many parallels streams. The angelic kingdom for instance. There's dragons, whole dragon evolution. These myths of old are myths based on a reality, inner plane reality. Many ways to learn

So going back to this plane of the mind and living in streams of thought substance you can see, therefore, as you go up these planes of perception, to more and more rarefied substance, to more pure refined substance, it's much lighter, it's not bound by form, concepts of form disappear. We only now have forms of thought and the colour associated with it. It's quite ecstatic itself living in this realm of mind, those of you that are mental types, and have been caught up in their minds, writing books or creating things purely in their mind, in their daydreams so to speak, they have a type of euphoria there, and when they wake up back into their physical world they say 'wow, was that beautiful', or that space that they were in, and that gives you an idea of this realm and also indicates that you've experienced directly this realm of the mind without it being painted by the emotions and the form.

The highest three sub-planes of the mental plane is where the soul resides, the human soul, which is a flower; it's a lotus blossom. The head lotus is built in its image, and it hosts nine main walls, or nine main petals, surrounding a central three, a central bud. The number twelve, the number of the heart, is the number that's basic to all of life, everything to do with the path of enlightenment. Thus you have twelve signs of the zodiac, and in higher philosophy the twelve creative hierarchies: twelve streams of creative lives of which humanity is one – this introduces a new subject.

What I'm getting to of course is that ultimately, the being is absorbed back into the soul. The soul contains...it's a flower, it's a form, a son of mind existing in a sea of mind. It's realm is the mind: the archetypal levels of the mind, not the concrete levels, and it receives, and it bathes...or it receives if you wish from above, from the realms of enlightened beings, high, very, very fine energies and awareness from the kingdom of God, from great angelic entities and so forth, from the realms of Light. I could go into those realms to, and explain them in greater detail, but what I'm more interested in at this stage is to outline briefly

this account of reincarnation: the way it happens on the inner realms and the way beings are reborn.

So this soul of each human unit, and human beings have individualised souls where the animals do not, the animal kingdom have group souls. They are controlled by the group of which they are a part of. That is one of the reasons why it is impossible for human beings to incarnate into animal forms. It just does not happen. It cannot happen, because we've evolved long ago out of the animal kingdom, millions of years ago. It's a waste of evolutionary time to spend time in a form that you no longer need to be in. There are other reasons but that is one of them. Group soul verses individualised soul.

On the realm of the soul itself, as I've said, is the sun of mind residing in the sea of mind in exalted mind substance. The human souls are arranged in according to groups: we are soul groups, and those soul groups are coloured or arranged according to their various colourings, their various octaves that they respond too. Different souls have different colourings. And it's only the most refined of thoughts from the physical plane that enters into the realm of the soul. The soul incidentally is a storehouse of all your karma. It is neither male, nor female, because of course, with this process of reincarnation, some lives you're male, some lives you're female. It is therefore asexual. But the whole kingdom of souls has a sex, and its masculine in nature, whereas the deva kingdom is feminine, and later on when I go into the deva kingdom I'll explain this in greater detail, but as far as human units go it's neither male, nor female. And it evolves on its own realm, and eventually dies to that realm at a higher stage of evolution. If you wish you could say it becomes a Buddha, it is liberated from the need to reincarnate again; it's evolved its purpose. This is what happened to Jesus, when he died on his cross, when he said "my God, my God, why have you forsaken me?" and the symbolism there is "the veil of the temple is rent and twain". What that bible is saying really, in symbolic terms is that his soul no longer existed. He knew for a brief moment what it was like to be without God, without anything, because for him there's a whole cosmic journey that started then.

The patternings of the petals of the soul, are quite intricate, very detailed indeed, and within the nine main walls of energies and energy fields there are lesser swastikas actually turning, turning, turning, that contains everything that was you in all of your past lives; all the images, all the experiences that was, and that which is projected into the future. The soul is not individually conscious, it is group conscious. It sees itself only in relationship to the group of which it is part, and then the completed groups, because this is the rarefied stratum of thought energy, resides purely in the realms of mind. This is enlightenment. Those beings that are endeavouring to achieve enlightenment, what they are trying to do is become at one with their souls, at one with the consciousness of their souls, so there's nothing there but that type of consciousness which is the sum of their past lives projected into the future, in conjunction with all like souls who are meditating at the same time, because being a son of mind in the sea of mind, all the soul knows is meditation.

They are meditating partly upon this world of human affairs, but mostly upon upwards into the higher strata's of being, upwards into the realms of full

Enlightened Being, the Kingdoms of the Gods, if you wish, the Kingdom of God, the great Beings that have been liberated souls from past solar systems even, long before even human beings came into existence. Together the human souls work out the patterning of the future for civilisation. No individual can incarnate into a world sphere such as this individually, because their karma has to be woven within the karma of the group, the karma of civilisation as it is, and all souls therefore work out that karma together, and then an individual incarnates in accordance to the way of fulfilling the karma, according to God's plan, according to the originating thought form created by the Creative Deity at the beginning of time. All the patternings of thoughts by that Deity were seeded into action right at the beginning of time, and all that the souls are trying to do is to make sure that the whole process of their continuous lives is to go in accordance with the originating thought by the beings greater than them. Therefore the soul is a being of Love, Love itself, a flower of Love.

It's difficult for you, maybe, to conceive of a continuity of minds all working together for the same purpose. Each soul is at a different level of expression. Some are very young; what we call basketwork souls. Some are quite advanced, full of Light, and also working within their own realms of the fourth dimensional motion, because the flowers, the bud flowers unfold like a flower does on this physical plane, and there's;
three knowledge petals,
three love petals and
three sacrifice petals,
and 3x3 qualities, love-love, love-knowledge, love-sacrifice and so forth.

These petals of the soul unfold throughout the thousands of years of human existence as the personalities are reigned in and out of existence, the qualities that the personality gleans, the very highest of the qualities paints the pictures, the colourings of the petals, and unfolds them in time and space. Eventually the central bud is awakened and the spirit aspect starts to shine through which destroys the soul form. This is a technicality which I won't go into now, but when you begin to have the eye of vision, to see the soul on its own realm, which you must have as you become enlightened, then you can see the beauty of these enlightened minds working together for a common purpose.

Within the realms of the soul, or within the form of the soul are three atoms. Esoterically speaking, one is what we call the physical, permanent atom, and it is just a sphere of energy, spiral-cyclic motion, causing a formless atom, again based on the number seven and the repetition of the number seven - the spirals within spirals within spirals. One relates to the physical, one relates to the emotional body, one relates to the mental, or the concrete mind, and it's within these atoms that all the karma of the three worlds of the form is stored. The soul itself contains all the karma of the higher aspirations of the being. Only that which is the highest that the person has evolved can enter into the realms of the soul itself, per se.

When it comes time for reincarnating, it first of all surveys the entire panorama of human existence, and looks at the karma of that human existence - of what it wishes to unfold. What is its purpose to unfold next? What aspect of itself does it

want to develop? And it looks, therefore, at the karma of all those personalities that it has created through time, and sees the errors here, and the things that need to be fixed up there, and it then works out within the possibilities of physical beings working on the physical plane how those aims can be best achieved in conjunction with the purpose of other souls. It's totally ruthless as far as the personality goes. It cares not whether you have a life of hell on the physical plane, or whether you are surrounded in material wealth, or sexual or sensual wealth, whatever it is that you either enjoy or do not enjoy. It's only interested in the cleansing of the karma and the working out of the qualities it needs on its own realm. So it works out the karma, and when there's something lacking, for instance the person has been totally selfish for five or six or seven lives and has not learnt from this astral hell that it would have been born into, then it makes sure that the karma is woven in such a way that nothing that that personality tries to achieve in the physical plane actually works out for them. They have a very, very bad life indeed as far as personalities go, one full of much misery, because it just weaves the karma that is there, to create that type of conditioning, and hopes that through that type of conditioning, that individual eventually learns something.

The suitable parents are found, the male and female are busy doing their love play and the soul then projects itself into the woman, and the energy is there in the etheric form, the child is starting to develop, even before the seed is planted. First of all the mental energy descends, envelope of the child, then the astral form and then the physical form is built around the energy grid that has been created in the etheric double. Understand well that the true human being is not these forms we see, but the chakras and the energies around that, and then the atoms, the atomic substructure that we touch and feel each other with, is created around that energy form. That physical permanent atom attracts to it all the other atoms of our substance, and incidentally the atoms of your substance that you're residing in now is also karmically linked to you from your past lives. It travels with you; it was attracted with you from life to life. Its tainted by your energies and you have to learn also to cleanse that substance, and the path of evolution progresses thus.

Everything is governed by the same law, and is the law of Love. Whether it's for the creation of the universe or whether it's for the creation of a human being, it's all the same law, all the same process, all governed by the laws of mind also. Mind and love interrelate to produce everything that is. There are, of course, beings that impose the law of Love, and they use their wills to counter the evolutionary purpose, and these beings are inherently thus styled evil.

So, the child is then formed in the womb, and the mother contributes her substance, of course then to build the form, and at the moment of first breath is when the chakras are activated in the child, and that's, if you want to do astrology, the time to make the charts or to record. You can see therefore that the process of incarnating is relatively simple. The soul, once it has started the whole process in motion, forgets about it, because the angelic beings – the angelic builders – start to weave the form in the womb of the mother. Everything is created by devas, by the angelic kingdom, and this is a subject we'll go into, I think, two weeks from now.

Okay, from that child onwards then, the karma starts to manifest according to the ways that's planned. The substances are attracted to the child - the chakras start unfolding in the right order in accordance to the wishes of the soul and so the experiences unfold, and we get caught up in the illusionality of thinking that these bodily shells are the reality, are the real thing, when it is not so.

The child lives in a clairvoyant world incidentally, or babies do. They're busy staring in the astral world and the little devas, the fairies and the pixies and things all around it. They have their clairvoyant eye open, they're really staring with their third eye more often than not, and you see it staring for hours in space, and gradually it starts to awaken to the conditionings that you are now aware of. Unfortunately parents are so ignorant of this world of the child that they brainwash the child to see what we regard as reality, but in fact is the illusion. You spend much more time out of this physical body than you do inside it. It's a temporary appearance built for a purpose, and the purpose is for each of you to become enlightened beings - each of you to become beings of Light and Love, and everything is woven around you in such a way to eventually produce that.

No matter how evil a being is, eventually they must become a being of light. It may take a solar evolution or two of much terrible karma, much terrible, terrible *sangskaric* conditionings, much pain and suffering in accordance with what they've dished out to this universe and the people around them, that eventually they have to learn, because the way of the Soul, and the way of the Lords of Love, is relentless, and hell states eventually teach people not to manifest those actions again. That's what it's all designed for, and hell is a condition you carry around with you, it's not really a locality. Yes, we can call it the locality on the astral plane, sometimes we call it the eighth sphere, but it's a condition you carry around with you, wherever you go. It can be your psychological state; it can be the lack of things that you desire for yourself; it can be a non-understanding of karma, and therefore being swayed this way and that by incidences around you that you have no control over. It can be plunged into a war when you didn't want to have a war around you. Just on the physical plane. Your emotional moods create the hell for you as well, or your mental emotions. It's a condition that you carry around with you, and it's based on what you have learnt to be attached to when you should not be attached to those things, and selfish attitudes. Whenever you are selfish you create for yourself hell, because you take from another, you take from this universe, in order to build your selfish little world around you, and when you die, that what you have taken from everything around you, demands it be given back. It's not yours. And when you give it back, what are you left with?

Questions:

Q: I want to ask, why can't we just...if we are in the astral world, ...we can create a house, we can create meeting with people and all that, why don't we stay there and do all our karma, cleanse our karma? Why are we coming to this physical world?

Unfortunately, for most of us, to have such a lovely state of existence would be wonderful to escape the process of life, but the physical world exists precisely because here all the dimensions of perceptions interpenetrate. It's only in the

physical body that you can properly master all substance, can you master all the aspects associated with becoming a wise being. It's only here can you become an Enlightened Being. The astral realm is but a rest from physical incarnation, essentially, were you have certain types of a learning procedure as well, but ultimately the true learning, the true education is on the physical plane. If you look at it from a high perspective, from the realm of enlightened being, we may ask; 'why incarnation?' 'Why human beings in the first place?' and one says that human beings are lords of sacrifice. They're monads, they're spirits. The soul itself is an illusional form, ultimately speaking. As Buddhism points out, they say there is no soul, and they're right from one point of view. It's also illusional - we're really spirit - spirit, soul, personality is the triplicity, going back to this concept of triplicity. The spirit incarnates into the substance of matter in order to resurrect it, in order to convert the mineral kingdom that exists in your body eventually into a human kingdom, eventually to give it all mind - sentiency. Everything has got to do with salvation of substance. It's a vast subject which I can go into later on, but eventually you become a solar system, you become a Solar Logos, and the substance in your body will evolve to become humans and plants and animals and so forth, on a vast scale. Of course, we're talking about an immense duration of evolutionary space.

So, there's no selfishness, remember everything is always struggling upwards to light. Its like a plant that grows in the soil, which is the earth, to light, which is the sun, and its leaves shoot out, always reaching higher and higher to the light, and likewise with our souls, with our purpose of reincarnation. We start in the mud of this earth and we send our tendrils up into the light, and we don't stop growing. The whole concept of a jungle with plants sort of fighting each other for light is very much the way human beings are, so the process of reincarnating is governed by far higher processes than even the soul itself.

Q: You are stating that evil persons or evil deeds will be punished with evil...but...wouldn't that be.....

Well evil deeds will be punished with Love, Love is the law, but what happens is whatever they've done falls upon them, exactly the way they've metered it out to others, and there's no way that it can be escaped, because they've created certain modifications in the energy field all around, and those modifications in the energy field must come back to the one that created it.

Q: but you said people might remember past lives, they might remember past punishments, and fall back into evil ways.

If they remember past punishments, and very often people do have an instinctive remembrance of a past punishment, they generally do not fall back into evil ways. They have an inherent fear of doing that type of action again. They have this inbuilt memory, this mechanism, this self-defensive mechanism, and they become loving in a certain way. They may, for instance, despite all their faults, they may be basically quite selfish and all the rest of it, but they, for instance, may have a streak of real honesty. Everything they do is based in honesty even though they're materialistic or selfish because in a former life they've probably abused their mouth a lot and lied and cheated for whatever they got, and so there's an inherent memory of that, of the karma they've created for themselves

and the pain that they had to suffer as they've rectified the karma, so they're honest. I just want to explain to you an understanding of the subtleties to do with people's lives where they have a basic streak within them, which is a streak of goodness, because of the fact that they won't break the bounds of that because they've suffered so much through generating the very opposite quality in a former life. Most of you for instance in this room, I know don't like war, don't particularly want to kill people in the war situation and mostly you'll find because if you go back into your lives, you've been in wars enough times as to no longer wish to inflict pain or suffering upon another person. Most of you will try and do your best to escape the war machine of our nations.