

The Chakras

This talk is on the chakras, the doorways to perception, or the doorways to higher perception, the doorways to everything that is. This particular subject is the subject that is the most glamoured of all the subjects in the 'new age' occult movement. There are so many teachings and philosophies and people running around with incredible emotions and lots of pride and terrible ideas about the chakras. They think in terms of balancing of chakras, in terms of healing by means of the chakras, they think in terms of *kuṇḍalinī* yoga and developing of psychic powers and all the rest so that their heads are spinning with concepts of chakras and colours and what the chakras can do and the way they can be awakened and so forth. Most of these teachings concerning chakras is quite bewildering for a lot of new beginners. You have the teachings from the Hindu texts, from Buddhism, from Taoism, and of course from Western Kabbalistic sources. The chakras exist, they are inherent wherever there is manifest form, wherever there is life. Within the human being most people think of seven principle chakras as depicted in the Hindu books. The Buddhists take the same symbolism as depicted there, they haven't adapted or changed that much. And from that you get all the various distortions of the basic teachings given in Western new age texts, very little of it having any real truth.

Everything is ordered according to chakras. The stars up there are simply chakras manifesting in the body of great Beings, great Logi. This earth system has its own chakra system. The nadis are lines of energy that relate to the petals of a flower of a chakra. The nadis are seen in the Celtic mythology as lay lines, in Chinese mythology as dragon lines. Geodesics has much to do with earth magic. Most aboriginal people can see these lines of energy traversing the earth, and where there is seven or more of these lines of energy crossing each other, there form a chakra, a minor chakra, and where there's 21 or more of these lines of energy there is a major chakra, a major flower. That is part of the technicality of a chakra, what they are, they're simply flowers of energy that arise where lines of energy criss-cross, and they produce energy vortices, happening inside and outside of the body. In this life I've been studying chakras for more than 30 years, and also in my past lives, virtually every life I can remember, I have been involved in this quest of understanding of what chakras are, and the way of their unfoldment.

It's a vast subject, and I can say quite clearly that our psychiatric units are most exclusively filled up with people who have played around with chakras in former lives and have misused their powers, not understanding what they are or how those energies are evoked. Myriads are the insane that have played around with these fires, associated with these flowers. Some of you have heard of spontaneous human combustion, it's the same sort of thing. Again it's the power of each chakra awakening without the individual understanding how to control it, in these particular cases it has got to do with certain weaknesses inherent within the etheric constitution of the individual.

I'm mainly giving this talk, not just to the few people here, but hopefully to the millions that will later read or listen to the tapes. Not enough information is given in the new age movement as to the dangers, but myriads are those that are glamourised by them. There's hardly an occult book in the east, in eastern sources, whether it's Hinduism or Buddhism that does not speak of the dangers associated with these flowers and their premature awakening. Drugs, sex and yoga is the surest way to opening up doorways to hell. You get your momentary pleasures and you get your momentary psychic powers and you can manipulate other people's minds and emotions and desire bodies with what you've awakened, but you pay a great karmic cost for it. The karma is quite horrendous, which I will try to explain a little more. So in a sense I'm trying to warn of the dangers more than anything else, and then I'll give some more information concerning the chakras.

I'm going to read out from 'Foundations of Tibetan Mysticism' by Lama Anagarika Govinda. He's probably one of the best authors on Buddhism, on Tibetan Buddhism, there is. He's a westerner that found Theravada Buddhism and then became a lama in the Tibetan system long before Tibet was invaded. In his book on page 144 to 145 we have diagrams of the traditional way that the chakras are depicted in Hindu and Buddhist philosophy, with Sanskrit lettering on each of the petals. This traditional way is quite fine to give an overall idea associated with the overall symbolism of chakras. Most people have heard of the *kuṇḍalinī* fire, the energy that is liberated at the base of the spine for those that are desirous of the liberation of energy. I'll go straight into this particular subject of *kuṇḍalinī* and essentially it's the fires of the mother that keeps everything into a coherent shape. It keeps you warm. This energy lies at the base of the spine, in a junction where the sacral centre and the base of the spine centre overlap. If you want the Sanskrit terminologies the *svādhiṣṭhāna* and the *mūlādhāra* chakra overlap. This diagram I've got on this computer is the point of overlapping of those two chakras, and if you look at the intricacy of the diagram you'll find that at the very centre is a type of acorn that is formed. There's two other chakras I haven't put there which are called the gonad centres. Those two chakras with these two chakras - four chakras together - must turn, and these four chakras together produce a point of fusion where the *kuṇḍalinī* fire is actually evoked.

This subject is actually quite a vast one to properly understand, but if you look at the computer screen here you'll see the intricacies of those two particular chakras, the simplest in the body as far as the major centres go. The *kuṇḍalinī* fire is the place of latent heat. It is the energy that sustains the form, that keeps the form coherent into a shape, and it is stored in what is essentially a nuclear reactor, and it's these four chakras that I have just mentioned hold that fire into place. The first seven sheathed, in other words there's seven levels to it, and what people talk about when they glibly mention *kuṇḍalinī* fire, they're simply talking about the most exoteric and the coarsest of these energies, of these fiery energies - that which sustains the form - that which keeps the form alive - that which warms it. Sex, drugs and yoga can only ever awaken that aspect of the form, that aspect of these fires, and these fires, once awakened, go through the line of least resistance. Wherever there's the weakness in the

body, that is where the fires go to. They burn and destroy the tissue of the brain. They burn and cut through the tissue of the physical body. They generally get sunk into the sacral centre, into the sexual organs, and they can turn that person quite demonic, sexually at least.

There are all sorts of problems with the premature awakening of this particular centre. Insanity is often the quickest way out for the incarnating soul, for such a person to go. Generally you find these people, the onset of insanity coming as they become more and more schizophrenic. Very black, very white, very black. Very extreme emotions and violent emotions and then nice and loving at the next moment of their existence. When you find these types of people in life, you'll find that they have tinkered with this energy in a former life, or they're playing with it this life. Superficially very nice, but inwardly quite demonic. They can barely control the energies that they are playing with. For this reason, and for this reason only, or for many other reasons, the information concerning the chakras has only ever been given in a garbled form, in symbolic form, in books such as this, or in the Hindu treatises on the chakras. Highly veiled, totally symbolic information. No enlightened person, no being of love, would ever give information out to foolish individuals. Those who are not controlling their emotions, who are not controlling their minds, who are not producing a very pure lifestyle. Those who are not cleansing out of their emotions, out of their minds all forms of drugs - physiological drugs, mental drugs, emotional drugs, so there is nothing in them that *kuṇḍalinī* fire can burn and consume, as it drives you insane.

The karma of the teacher is enormous if he gives out erroneous teachings to students, and the student follows those teachings, or if the teacher gives to the student information that will turn that student psychically sick, or if he gives information to the student that will make of that student a black magician. One who still has selfish attitudes, one who is still very desirous of such things as sex, material wealth and all those sorts of things, because that is what *kuṇḍalinī* fire is generally prostituted to – sex magic or power dominance of that individual over the world around them. The teacher is responsible for the karma of such a student, after all the teacher gave it. Therefore, any wise teacher will never ever give information that will cause that teacher to reincarnate again and again and again and again, cleaning up the messes left by his student, or students if the students are enormous. Nor can the information therefore be put in a book. The only information that can be put in a book is safe information, information that any normal person reading the book will not be able to use to awaken those chakras. It's that simple. Otherwise the author of that book is liable for the karma of the many foolish people who have tried to use the powers awakened or the psychic powers awakened thereof for their own selfish purpose.

And yet we see the millions in the west, these “new agers”, running around, talking about chakra balancing etc, and chakra healing. Where do they get the information from? They don't get it from enlightened beings. They don't get it from the wise. Of course there's our brothers of the dark path; the black magicians and the sorcerers. It's to their advantage - greatly to their advantage

- that we have a lot of psychic, deluded people around, because they can manipulate them for their own purposes, they can drain energy off them, drain prana off them, vampirise them. That's what a vampire is: it draws prana from you and they are in their myriad.

This is a subject that should be well understood by the masses out there. I don't generally see those people who are seriously interested in the awakening of chakras coming to a class such as this. They think they already know it all. Why do you think that if you go to a fully enlightened being such as, for instance, Milarepa, or Jesus, or the Buddha; those beings that went to these fully enlightened beings, these liberated beings with great powers, spent something like twenty years with them, or more, in seclusion, cleansing their sheaths, controlling their minds, developing their minds properly, controlling their emotions absolutely, producing very pure lifestyle, the lifestyle of the yogi. Not the charra smoking yogi, that's not a pure lifestyle. That does not lead to liberation. There's no enlightened being that's ever gotten enlightenment that way. The Buddha demonstrated that 2500 years ago. He threw all of that away. Likewise with Jesus. You can go to saint after saint in Hinduism or Christianity, and you find that all of them throw all those things away. They lead to lower psychic powers, to psychic delusion, not to liberation, not to great spiritual knowledge, not to great heights of revelation. You can't talk to great deva lords through drugs. You can talk to demonic type entities, and you can get some nice visual impressions, nice lights in your brain, because your brain distorts and scatters, or distorts what you see anyway.

Yes, twenty years of somebody like Milarepa, or Tsong Kha Pa, or Padmasambhava, or Sivananda, or whoever you wish to go to that are the genuinely accredited enlightened beings, learning how to purify yourself, learning how to be totally loving. First you become love, an embodiment of love, and only once everything that you do is founded and seated in love, only then can you be given the knowledge as to the awakening of the chakras. The old occult school of Pythagoras, Pythagoras of Crotona, demanded of any novice, any new person entering into that monastery there that they would spend two whole years scrubbing floors, cleaning out the toilets and things like that, in absolute silence. They had to demonstrate that they would not speak for two years, doing the most menial chores, before they were given occult information, before they were given this type of information. There's reasons for it. The black magicians, yes they'll give you all sorts of information, generally in kabalistic texts, as to the awakening of psychic powers, because that's what they want of you, because as you selfishly awaken these types of awareness within you, these lower psychic powers, then they can use you for their own purposes. You become a pawn of theirs. They have great power and great knowledge and know how to manipulate everyone.

Those that are masters of wisdom know you first of all learn how to develop love, first of all learn how to control your personality, how to control your emotions. Absolutely essential. Without controlled emotions how can you ever deal with energies. And all the chakras are, are the doorways to higher

and higher energy states. So when you tinker with these flowers and you start to force them open through the use of the will and magical techniques, what you do is you open yourself up to high-energy states. Energy goes the line of least resistance. Wherever the weakest part of your body is. Wherever the weakest aspect of your mind is. The weakest portion of your emotional body, that's where those energies go to. They feed those things very quickly, very intensely.

Besides, the chakras evolve and awaken in their own accord, according to the laws associated with them, not according to the will of the individual concerned. You can use the will only to awaken certain of the minor chakras, and certain below the diaphragm. The heart chakra, for instance, cannot, in any way, be awakened thusly. It can only be awakened through love, and through the power of love, and through the law of love properly understood. No forms of imaginations or drugs or dreaming about it or wilful projections can do anything with that chakra. What most people think is the heart when they have beautiful experiences through drugs or whatever is really the solar plexus, it's really the energy of the *maṇipūra* or the solar plexus centre. It's really the energy of the solar plexus centre, because this particular centre, here in the stomach, is that which controls the emotions, all the emotions, all aspects of the emotions, and all minor chakras lead to the solar plexus. The old aphorism is 'all roads lead to Rome', and the aphorism in the world of spiritual reality is 'all nadis, all chakras, all the minor centres, all the nadis thereof, lead to the solar plexus'. It's the abdominal brain. It's the big head centre of animals, of dogs for instance.

Dogs are pure solar plexi. When people play with solar plexus magic they're simply re-coursing to the state of perception of an animal, of a dog. That's from the higher perceptions, from the higher vision. Of course you add to that human like qualities. There's a difference between what I call lower psychic phenomena (or the lower psyche) and higher spiritual perceptions. Lower psychic phenomena, you can awaken through the force of will, you can get into through drugs and things like that, but it keeps you trapped into the world of illusion, the world of form, into karma and karma producing activities, into glamour, into *Maya*. It keeps you away from the spiritual realms, from the great supernal heights of enlightened being, from greater wisdom, from the great storehouse of knowledge, from the knowledge gained from all your past lives and your future as well. It simply keeps you immersed in what we call the illusion, the great *samsāra*.

So, yes the chakras are real and the chakras are ways to high perceptions but they are also ways to psychic death and masses of personal karma. Now I'll just read out a little bit of Govinda's¹ book on *kuṇḍalinī*. This is a bit technical.

1 Lama Anagarika Govinda,(1969) *Foundations of Tibetan Mysticism*. Samuel Weiser Inc, Maine p139

The lowest of these centres, which represents the element earth is called the *Mūlādhāra* chakra ('Root-support'), and is situated at the base of the spinal column. It corresponds to the plexus pelvis in Western physiology and contains the still unqualified, primordial vital energy, which serves either the functions of physical reproduction and rejuvenation or brings about the sublimation of those forces into spiritual potentialities.

Latent energy of this centre is depicted as the dormant force of the goddess Kuṇḍalinī- who as the *sākti* of Brahma embodies the potentiality of nature, whose effects may be either divine or demoniacal. The wise, who control these forces, may reach through them the highest spiritual power and perfection, while those who ignorantly release them, will be destroyed by them.

Just as the primordial forces, locked up in the atom can be utilised for the benefit as well as for the destruction of humanity, so the forces, which dwell in the human body, may lead to liberation as well as to bondage, towards the light as well as into utter darkness. Only with perfect self-control and clear knowledge of the nature of these forces, can the Yogi dare to arouse them. [The word here is 'dare' to arouse them] The directions for their awakening are therefore given in religious literature in such a way, that only those, who have been initiated by a competent Guru, can practise them, in accordance with the rules which have been formulated in the course of millenniums of meditative experience.

The veils of secrecy with which certain esoteric teachings are treated, by making use of language which can only be understood by initiates, has therefore its reasons not in the intention of preventing others from attaining such powers or knowledge, but in that of the protecting the ignorant from the dangers which misuse of, or the superficial experimentation with, these practices will bring about.

And then he goes into the difference between Buddhism and Hinduism and the naming of some of these dangers. The dangers of such practices are well, well recorded in all texts. I'll read some of the Bible for you which also relates to this particular problem. This is from my book 'The Way of Meditation'.

Central to the understandings of the problems of premature awakening of psychic perceptions, and thus the obtaining of the mysteries of the Kingdom of God, is a key passage in the New Testament, Mark 4: 11-12, and this is Jesus speaking - "and he said unto them, unto you it is given to know the mysteries of the Kingdom of God [he's talking to his twelve] but unto them who are without, all these things are done in parables, that seeing, they may see and not perceive, and hearing they may hear and not understand, lest at anytime they should be converted and their sins be forgiven of them. Now why is Jesus saying that in 'seeing, they may see and not perceive, and hearing they may hear and

not understand, lest at anytime they should be converted and their sins should be forgiven them', and then he goes into the parable of the sower.

Now I state here in a later page, that Mark 4: 1-12 -

has confounded the orthodox theologians for millennia, "for surely", they would ask "the objective of Jesus' teachings would be to convert the listener to them to make them see and perceive, hear and understand in such a way that their sins be forgiven them." They question thus, "for such conversion is the entire emphasis of the Christian religion," [*in other words they turn into Christians to make them see and hear and understand Jesus and his works*]. With its rites of baptism, zealous proselytising, and even the avowed ability of Catholic priests to forgive the sins of those who approach them in their confessional. Rather than deal with this vexing verse the majority of commentators have opted out for their usual policy of avoidance, acting as if the passage does not exist, as the best way of dealing with the context of that which they have no basis of understanding. The information of this passage is so important that it is repeated four more times in the Bible, first in the original passage in Isaiah 6: 8-12, where it is a juncture given directly to Isaiah from God. Also in Matthew 13: 15, John 12: 40 and Acts 28: 27. The statement in Matthew 13, is thus referring to those who need to be spoken in parables:

"For this peoples heart is waxed rice, and their ears are dull of hearing, and their eyes have been closed, lest at any time they should see with their eyes and hear with their ears, and should understand with their heart, and should be converted and I should heal them".

The ability to see with the eyes and hear with the ears refers to the internal eyes and ears, which are the chakras. When opened, they allow one to experience aspects of the inner realms with the understanding that comes from their heart chakras being stimulated, aspects of the mysteries of the Kingdom of God would be perceived long before they are ready to receive them. Their grossness of heart, or lack of compassion and basic materialistic attitudes, and dullness of mind structure, would mitigate against right perception. He also says a lack of adequate vibrancy of the cellular and etheric substances of the brain, preventing such perceptions from being obtained. Such people would not undergo the training and preparation that Jesus' twelve apostles had, and who were give to know the mysteries. Thus when such people come to be converted to aspects of these esoteric teachings that they have no true capacity to understand, they will commit the types of mistakes associated with possessing psychic powers and related glamour's, that will necessitate the demonstration of future healing work upon them. In other words Jesus' statement "and I shall heal them" by the teacher. The teacher is always karmically

responsible for results of his teachings if the student earnestly follows them. If these teachings are productive of psychic disaster then the teacher is doubly culpable for the effect of his erroneous or short-sighted teachings upon the mind and emotions of the student, and for the disaster themselves. For such student, the little that they have will be taken from them.

Now I go on and explain this in more detail, but I'm just pointing out that the twelve around Jesus were taught in the same way that the disciples of Milarepa or Padmasambhava, all these great yogis. They were awakening chakras, they were awakening finer forces. The average people that were around them, that listened, were taught in parables so that they would not hear the true teachings there. As Govinda said there's a certain language given in these books for initiates, and only after they have proved themselves worthy to a very capable, enlightened teacher would they be given the teachings associated with the awakening of the chakras, and not before.

Yet here in the west you see myriads of books and myriads of people trying to play around with these forces which all the wise say the same thing. Yes, these chakras, these forces exist, but come to us and we'll show you how to use them after you have learnt the laws of love, after you have demonstrated psychic purity. When you begin to awaken these energies, your body nature, your brain tissue has to be converted slowly, from very dull, grossly vibrating substance, to very, very high, light clean substance that is singing out a tune. Drugs will not do that, no amount of 'oming' and 'om namaha shiva-ing' will do that, no amount of chanting will do that, you've got to live a purity of life. You've got to start to clean your emotions. You've got to start to do a lot of visualisation techniques with light, and bringing more and more light in, and your gross substance has to be thrown out of you, and as it's thrown out your karma must be cleansed. Nothing inside you that is corruptible and diseased can be if you are to awaken these chakras, if you are to become healers truly.

I have on this blackboard here, on this board here, some works from one of my books. This is a book I've written over about 20 or 30 years and its called the *Five Vayus and the Liberation Process*, and this is the manuscript here. It's a book I can't, of course, publish because of the reasons I've just mentioned, but here I have depicted the 7 main chakras and the 22 minor ones associated with them and there's also approximately 108 nadis that relate the main chakras to the minor ones. This type of information is not presented in any book; Hindu or Buddhist, it just does not exist, except you'll find sometimes in some Hindu books lots and lots of myriads of little nadis, of little flowers and things which is a very veiled, distorted reference too this.

These are the two levels of chakras. There are four levels of chakras to the body. There is another level underneath these 22 minor ones, there's 49 and then there's 343, and then you finally get to the acupuncture points on the surface of the body, which are the tiniest of all the chakras in the body. The acupuncture points are just basically gateways, they direct energy this way or they direct energy that way, and so when you put the needles in you stop the

energy flow to a portion of the body, and so you get anaesthetic effects. The science of acupuncture was given out thousands of years ago to the Chinese by Enlightened Beings who could see clairvoyantly what the chakras are.

There are chakras associated with the physical body, these chakras exist in what we call the ethers, and there's four ethers, there's the dense physical; and there's three portions, the liquid, the airy or the fiery. Then there's four etheric states where the chakras exist and you can play around with the ethers and you can see them when your stoned and things like that. It's the body of energy where the nadis exist, and the chakras themselves, depending on the type of chakras, live on the different states of the ethers, depending again on the quality of the ether. The head centres in the highest of the ether, and it's the most rarefied of all the energies and all the flowers and so we go down to these minor chakras which live on what we call the fourth ether.

This is technical data and I don't want to bore you with too much technicalities, but what I want to give you is an idea of the intricacy of chakras and these are just two levels of them. When you get to the head lotus there, which I have just drawn symbolically, for me to interrelate those chakras on the head lotus I did a diagram like this which I'm just showing you very quickly, it doesn't mean much to you, but that diagram is 8 foot in diameter, and it's filled up with lesser lines and geometry, and that was the smallest, that was one quarter scale, the smallest size I could get in such a way that would allow the interrelationship of the third eye with the head lotus.

The subject of the chakras is actually quite vast, there's far more to it than most people imagine. Now on the computer screen there...I have on this computer two chakras superimposed because esoterically the *Ajñā* centre, the third eye and the head lotus, overlap each other, and they are really seen as one chakra, and the base of the spine, the *mūlādhāra* chakra and the *svādhiṣṭhāna* chakra, the sacral centre, are also overlapped, and they are seen as one chakra. Buddhism really sort of relates these two chakras, and therefore we get five main, huge chakras in Buddhism;

the base of the spine and the sacral centre overlapped as one related to the earthy elements

the solar plexus chakra, relating to the watery elements

the heart centre, related to the airy elements

the throat centre, related to the fiery elements

and then the head and the *Ajñā* centre, related to the element ether,

and from these five elements we get the 5 *vayus* in Hinduism and in Buddhism, the 5 types of *prana*, which this particular book is about, termed *vayana*. I'll give you the actual description from the Hindu texts:

Prana: the nadi from the nose to the heart – this relates to the Buddhist plane

Samana: the nadi from the heart to the solar plexus – this relates to the astral plane

Apana: the nadi from the solar plexus to the feet – this relates to the dense/physical plane

Udana: The nadi from the nose to the top of the head – relating to the mental plane

And Vyana: the sum total of all pranic energies.

What I'm trying to point out here is that each nadi, each channel between all the petals and the chakras, contain five different types of prana, and these five types of prana are these ones I've just mentioned, and these relate to the five groupings of chakras, and the five groupings of chakras relate to the fact that a human being is occultly a pentagram: the head and torso and two arms and two legs. It relates to the five principle types of energies, the thinking capacity of a man, or a human being, is a mind, and mind is the number 5, is the pentagram. Esoterically they are both for black and white magic. The pentagram has been a symbol of that because it relates to these chakras, to these pranas, to what a human being is. The inverted pentagram relates to black magic, the pentagram pointing up relates to the white magic.

From these five pranas then you get the five types of instincts and the five types of wisdom of Buddhism, the five dhyani buddhas, the five buddhas of meditation, and the sum total of Mahayana Buddhism stems from this, that whole philosophy. The five prongs of a dorje. this particular symbol here, the vajra or the dorje, has five prongs, five types of energy flow. One of my diagrams of the head lotus, I don't have it here in the computer-- the way that this dorje is formed through the petals of the head lotus and the mechanism whereby the prongs of energy move the petals of this interrelated clockwork mechanism around. That's in diagrams I've got at home, but what I want to point out is in Buddhism, in Tibetan Buddhism, the lamas and all enlightened beings, they often sit there with the dorje, or the bell, this is a Tibetan bell, again with the dorje on top of it. The dorje is the symbol of immutable power, and this comes from the diagram of the petals of the chakras, as shown here on this computer screen. You'll see the actual number of petals there drawn in the various tiers, there's actually 1056 petals, symbolically 1000, and this vajra comes from that, and it's the reason why you see the Tibetan Buddhists holding this in their hands. The lamas, the average lamas and the average tulku almost has no understanding of what this comes from. It comes from their books so they're relating of course the great enlightened beings that gave to them this information one thousand or so years ago and have since died out.

What I'm pointing out here is that the subject is far vaster than most people in the new age have any, really, idea of. Also when you begin to understand the chakras properly you'll also understand the way I'm constructing a UFO for instance, and can travel into cosmic space.

So the element earth, which relates to the sacral centre...the sacral centre itself - the six-petaled lotus, is the chakra that distributes prana, these 5 types of prana through the major petals of the major chakras. It's a physical sun inside the body. It has two small chakras associated with it, which I call the gonad centres, and these two small gonad centres, the left and right gonads, are responsible for the energies that create your sexuality, that create your physical attraction to each other, and things like that. It's a physical sun, and each chakra has the whole history of the human being stored in it. The constitution of the flowers, of the petals, is more than just 6 petals of the sacral centre, there are 6 major petals and there is a large number of smaller petals that make up it. The entire history of the sexuality of an individual is actually stored in the moving of the energies within those petals. You tinker with those petals prematurely and you start to awaken certain forces from past lives which you may not be ready to deal with at any particular time.

So the sacral centre deals with the energy of vitality, the energy that makes you healthy. The energies come through what I call stage one prana of the entire circulation of energies in the body as given in my manuscript here, and they are drawn from a number of sources. One is through your nose, through breathing, two- directly through sunlight, as it absorbs through your skin, specifically through a minor chakra between your shoulder blades. Also through animal magnetism, in other words every human being, every living thing has a radiation field, a magnetic field, they send out prana, and you all also absorb from each other your energies that each person gives to each other, and then from the food you eat. All of this gives you energy. Human interrelationship, your interrelationship with the environment in general, the energy you get from the sun and the energy you get from the eating of food is what is directed eventually to this particular sacral centre. The sacral centre is a miniature sun in your body, it redistributes the energy and then sends them off to the various directions they must go.

The base of the spine chakra deals with the energies of the form, the energies of your physical body and its constitution, the way it's constructed and, as I've said here, in this conjunction between the base of the spine and the sacral centre is this energy I've called *kuṇḍalini* stored. Therefore if your dealing with healing or your dealing with sexual and sexuality, you awaken and you utilise the energies from your sacral. The energy comes in via the small centres between your breasts and they circulate between three tiny chakras, two of them of the breasts and one of them between the shoulder blades, which I call the nose centre, and eventually the energies, once they are breathed in, they are fed to the heart chakra. The heart is in contact, has a link which we call the *sūtrātmā* to your higher self, your soul, and that energy then from the soul is fed via your heart and mixed with this prana that you've breathed in. Once it's mixed with the prana you breathed in, technically the prana becomes...its called *jīva* in the Sanskrit terminology, this *jīva* is then sent down to the splenic centre. The spleen is a dual minor chakra and there's two chakras superimposed upon each other. The bottom wheel that's turning all these chakras, and that's what chakra means, it just simply means a wheel, a wheel that's turning, it's a wheel of energy that is spinning, and it has certain

types of radiation, lines of energy coming from it. These are spokes of energy and when you look in my books you'll find that the flowers, the petals of a chakra are formed through energy, through serpentine energy, and when you get two waves of serpentine energy then you get a petal of a lotus, and two more waves of serpentine energy and you get another petal of a lotus. This is all just vortices of energies interrelating. Ultimately that's all there is, energy and consciousness.

The bottom chakra of the splenic centre – is a wheel turning, it circulates energy through the body – it's basically like a heart pumping – and what it circulates through the body is all of the prana that has been used up in the body before. Like your food. You eat the food and it goes into your stomach, and from your stomach it goes into your intestines – and you take out of that all the nutrients that you need and the rest is excreted. Likewise with the prana – what happens is as you relate with people and do what you do on a daily basis, you interrelate emotionally with people as well as using up your energy. You can create all types of energy – some of it is quite good and some of it can be quite negative – and what happens with the spleen – as the energy is being circulated through your body that you have created, it sorts it out - this new energy comes in and it is superimposed upon the old energy that has been circulating around the body, and it excretes the energy that is no longer needed. The energy that is no longer needed then goes through the line of least resistance, to certain organs in the body. If you are over producing this type of energy it comes as a sewer and the sewer comes out through certain chakras in your body. Wherever it comes out, it could be the stomach or the lungs – there is where you are going to get sick –and that will be your arena of sickness – because that is the weakest part of your body and therefore where this sewer is spewing out redundant energy.

The more gross emotionality you have, the more you toxify your body – the more crazy your living style, the more toxic pranas that you produce – the more you have to push out these pranas. Like for instance eating polluted food or food with lots and lots of toxins in it, adulterated processed foods with lots and lots of chemicals in it – your body can handle a certain amount, but if you put too much in it becomes toxic to the body and you are going to get sick. Likewise with energies, if you create too much bad energies the body has to eliminate it somewhere, somehow – and it can handle a certain amount of normal elimination say out through the lungs, or certain areas of the body like the bottom of the feet. If you create too much energy and your body cannot handle it, it will go to a certain organ in your body as a sickness or disease– you will get your coughs and your ailments.

Now looking at the major chakras in the order of unfoldment starting at the centre of the **base of spine** – the *mūlādhāra* chakra. This centre has four petals and they are coloured orange/red and it is the primal centre that expresses the *kuṇḍalinī* forces that gives the vitality for the material world. The *kuṇḍalinī* energy is that which coheres all into a shape and gives it internal heat. The four petals of this chakra relate to the four kingdoms of nature. One petal for the pranas of the mineral kingdom, one for the pranas of

the plant kingdom, one for the pranas of the animal kingdom and finally one for the pranas emanating from the human kingdom. These pranas from the four kingdoms of nature are interrelated here in such a way that it is associated with dense material plane living. The element is therefore the earth – the most material of the five alchemical elements. One who has awakened this chakra proper gains control over the element earth.

As we go up the spinal column we reach the **sacral centre**. The sacral centre and the base of spine are superimposed upon each other. They are esoterically seen as one chakra. The sacral centre has six petals to it and the petals are coloured according to the type of pranas that flow through it. Essentially the sacral centre is the physical sun within the body and when the pranas are properly mixed it produces an overall golden yellow colouring. It therefore conveys vital energies – pranas per se, in the five categories which relate to the five elements through the rest of the body of manifestation – through the rest of the chakras. It vitalizes all of the major chakras within. It is the centre associated with relationships and with sexuality per se. All forms of relationships are geared by this particular chakra or pranas thereof, and the sex play has its function here. And it is strongly therefore developed in those people, especially in the sensual physically focussed types of people – those who have lots of energy. When it is fully unfolded it controls the vital energies, pranas throughout the body, an insight into the etheric realms, and thus control of bio-magnetic fields and healing currents. Essentially the sacral centre can therefore be used for healing if rightly utilized. It is very much abused by people practicing sex-magic and much karma is accrued from such practices throughout the ages.

The next petal up is the one that is very important for most people because it is the **solar plexus chakra** – the *mūlādhāra* is the base of spine chakra, the *svādhishṭhāna* is the sacral centre, and the *maṇipūra* is the solar plexus centre. This centre has 10 petals and they are green with red or rosy colouring. It is situated in the naval area and it expresses the qualities associated with the entire emotional body – this is esoterically ‘Rome’ to which all naḍīs lead to. It is the prime centre for most human beings and is very active because most people are emotional. All the pranas and naḍīs associated with the minor centres find their outlet and their expression here. The solar plexus can be seen as the abdominal brain, and highly evolved animals like dogs have their ‘brains’ as the solar plexus centre. That means that it is the highest chakra within them. It is the body’s mechanism that allows the mechanism of the personality's will to express itself throughout a personality life. People use this centre for their willful actions such as their anger, spite, hatred – that which allows them to accomplish on the material plane with their greeds and their selfishness and so forth. It is the cause therefore, this emotional energy of the sum total of the world’s hell and heaven states as given in a previous talk. Much abused by humanity and many sicknesses and diseases come from its overuse. For instance, cancers directly, and colds and coughs and flus and all these epidemics. These are mainly from the over use or over stimulation of the solar plexus centre. As a matter of fact, around 95% of all human ailments are as a result of over – emotionality.

The solar plexus is also the chakra associated with psychic perception and the awakening of clairvoyance, clairaudience and psychometry and all these common psychic aspects that psychics are involved in, in many spiritual groups. It is what we call the lower psyche. Therefore it has a glamour associated with it. It is a world problem. We must learn to control our waters, and there is the watery element associated with the solar plexus – and as we do so we can rise into the realms of the heart and become enlightened beings. The more solar plexus stimulation there is the more glamour there is, the more you are coloured over with glamour, and therefore the more that you live in the realms of illusion. Solar Plexus energies or emotions immediately distort and distortions immediately lie. Very little that is actually truthful comes from the emotional distortions or emotional reactions. You must go to a much higher spiritual centre in order to gain a spiritual truth. So it produces the sum total of mass glammers, idealism and emotionality of humanity. Just think of the way that water works in nature and so one's emotions fit this bill. Easily coloured by other people's emotionalities and other people's auric colourings. The aura itself, and the colourings of the aura is given in the first talk and it indicates something as to the qualities of the solar plexus in the way that the aura works.

The next centre is the centre that should be the prime focus of all spiritual aspirants - which is the **heart**. Generally it is seen as golden 12 petalled Lotus and is situated between the shoulder blades. It unfolds in all dynamic and compassionate active people and within groups who are concerned with the many. The heart centre can only be awakened through group interplay, group service and through pure and simple love, when one sacrifices oneself for the good of the many. It cannot be awakened through chanting, mantras or emotionality. Any form of exhilarated feeling in meditation is not the heart centre awakening. The awakening of the heart centre is clear, cold reason. It is cool and it is cold because it looks at any subject with dispassion and it therefore sees clearly what it is and what it stands for, where it goes and the length and duration of time and space associated with it. It does not distort in any way, shape or form. There is no emotionality there.

It expresses the full potential of the life energy which is anchored there - the energy from a spirit or monad and when pranas are breathed in from the environment it will be breathed in via the nose centre, then circulates through the two breast centres that goes to the heart. When this world prana is mixed with the heart energy it is then converted into what the Hindus call *jīva* - life energy. That life energy is then directed to the spleen and then from the spleen it is directed to the sacral centre which from there is directed to all the major chakras.

It is the centre where the enlightenment consciousness is found and where the voice of silence can be heard. It is the silent voice thundering in the fray of people's emotional deafness. Most people on the spiritual path do not hear this voice at all because the emotions overrule. It takes many years of meditative quietude to actually begin to attune to the silent voice of the heart speaking. It is enlightenment itself, and comes lightning fast. The element here is air, or

space itself. When you look at the airy element or the space that is around you, that indicates the type of consciousness that is awakened through the heart. The heart is all compassionate and all knowing. In the Hindu philosophy this chakra is known as the *Anāhata*.

The next chakra is the **throat centre**, the *viśuddha* centre. It is a 16 petalled lotus, coloured silvery blue it is situated in the back of the neck and unfolds in all intelligently creative and artistic beings. It is the higher correspondence of the sacral - the sacral is concerned with lower creativity, namely physical plane sex and all the interrelationships associated with that - and the throat centre produces the higher creativity which is of course the work of the artist, the author or creative thinkers. It expresses the full potential of the creativity of the mind and thus the word -- the potency of the mantra making capacity of the Yogi. It gives us control of the element fire, because the fire element is that of the mind. Mind burns and consumes everything in its path. It understands everything as it burns and consumes it, such as fire does. If one looks at the fiery element and that it needs fuel to feed on, then likewise it is with the mind. The fuel of course would be common knowledge or sensory input by means of the five senses.

The next chakra up is the **third eye**. This is the *Ajñā* centre which has 96 petals -- split into two parts which has 48 petals each and is situated between the eyebrows. The left side is coloured predominantly purple / blue, and the right side is coloured predominantly rose/yellow. It unfolds in all spiritual aspirants and it is an organ of vision. Incidentally, all chakras are organs of vision -- it's not just the third eye. And when people think that the third eye is awakening what is really generally happening is a tiny petal within one of the chakras generally associated with the solar plexus has been awakened through some forced method such as drugs or certain visualisation techniques. One tiny little petal in the *Ajñā* centre awakens correspondingly and you feel the energy there, and thus you see.

What the *Ajñā* centre really does – it is the organ of vision, it directs the vision via any of the other chakras, and it necessitates a certain type of knowledge. It gives the ability thus, to vision on many levels of being and dimensions of perception once fully unfolded. The right and left *naḍīs* or psychic channels conveying pranas are said to be united here. The left-hand *naḍī*, or the *Idā naḍī* is said to convey the energies of materialism and intelligence and is the mother or activity aspect of deity. The right-hand *naḍī* is the consciousness principle, or the *pingalā naḍī*. It conveys the energies of love -- wisdom and is the son aspect of deity. All these types of energies are fused together here in the *Ajñā*.

The *Ajñā* centre and the **Crown Centre** are said to be one. Thus, esoterically making five chakras. The base of the spine and sacral centre combination, the solar plexus, the heart centre, the throat centre and the *Ajñā* and head centre combination. Five chakras to do with the five pranas. Once the eye is awakened then it allows you to vision deeply into space. The thousand petalled lotus of the head centre awakens you to the plane we call *ātma*, to

spiritual will, and gives you true cosmic visioning. It gives you the higher perceptions, a type of wisdom, knowledge obtained by a Buddha. It is not possible to awaken the Crown chakra except through stages as you gain more and more wisdom.

The mind is awakened through intelligent reading. The heart is awakened through your love, your sacrifice of yourself to help all sentient beings. The solar plexus is awakened through many techniques such as drugs, forcing it open with visualisation techniques, it can be awakened just by being born with that chakra fully functioning. I won't go into much detail about the minor chakras as this is more technical except for the information that I have given you on the spleen.

When you learn about chakras, you learn about healing. You learn that healing is a little bit more than just wishing these powers to be -- or through good intentions. You really have to begin to build a good aura, a clean aura. Another thing I would like to point out is that between the major chakras are etheric blocks. They are grid works of congealed etheric substance. They are put there purposefully to stop people who want to tamper with their chakras from awakening those powers. For this reason, you don't see your past lives, you can't manipulate other people's sexuality, you can't see the lotto numbers and all the types of things that people would want to do with these powers. Understand that if you did see some of your past lives and that you saw some of your karma and you knew that if you were to drive your car you would have a car accident the next day, you probably would not go to your car -- essentially meaning that you are trying to escape your karma. There are many things that these powers or visions would allow you to do, but most people are too selfish to be given the information. Therefore you are purposely kept from that information.

The whole continent of Atlantis was destroyed from such information -- through psychic power. There was a matriarchal society and there were witches that ruled it. It was something like the nations of this earth today, and they used psychic power against each other. Massive warfare on the physical plane, massive magic until all that was left was a charred continent -- everything was destroyed. Basically, the philosophy was "if I can't have it, you can't have it" and they would destroy it. Magic was the main means, and through Magic you can kill people, or make them go insane. I've mentioned before that the aboriginal people had their shamans - who can point a death bone at another aboriginal and they would die, no matter what. Modern medicine could not save this person, because that is their system of belief. All Indigenous people whether they be African or American can be affected in a similar way, as they have similar beliefs. You have heard of voodoo and so forth.

It is well known how these lower psychic powers can affect people, and myriads are the beings that have developed them. Very very few, only a tiny handful of humanity become enlightened beings through the awakening of higher spiritual perceptions. Therefore enlightened beings try to warn you off

the way of becoming a voodoo practitioner or a sex magician. Any form of black magic is very dangerous and causes great karmic problems. We would prefer you to have mundane consciousness and walk in our cities as average selfish human beings, rather than being average selfish human beings with psychic powers. You can do great harm to people around you and to the environment and the Deva kingdom, and the angelic kingdom with such awarenesses. First the love.

Questions:

What do you do when you're with a person and you can feel that your entire being is being poisoned through your solar plexus because you're picking up the energy from that other person?

What you have to do is send that person, via your solar plexus, light. The colourings of the solar plexus are generally green and red. The red is actually three octaves higher than the green (a small piece of occult information there). So the best thing to do, if you can visualise it, is to send green energies through your solar plexus – we call it the SP for short. You send green energy specifically, as green energy is the easiest to send through your SP to that individual, or you can just send light. What you can find in your hand is a sword and the sword is a mechanism of focusing this energy from the SP and you send it directly into that persons plexus. You are trying to clean out the energy from them.

Later on, when you get proper visualisation techniques you will see that people have all types of entities associated with the SP and the other minor chakras. Sharks, dinosaurs, crabs, serpents, maggots and all types of terrible things - most people walk around with their auras full of this kind of substance in them. When you begin to get a little bit of clairvoyant vision this is the type of thing you will see. Then you can start pushing out of that person these entities, because that is what the people have generated within themselves. The images that appear to you will be the nature of the thoughts - the nature of the emotions that the people have. Not everyone has good and loving emotions. A lot of people have some really nasty little emotions, and those nasty little emotions can be fishes with very sharp teeth that will come out to bite you.

If you were to learn magic for instance, the witches from Atlantis were adepts at creating thought forms -- like millions of razorblades that they could throw at somebody's aura. Somebody that would have been psychically receptive would have their emotional body cut to shreds. Most of you luckily have lost your psychic powers -- they were taken away after Atlantis from most of humanity for very good reasons. The history of all religions speak of magic. For instance, witchcraft, where people are developing their lower psychic powers - sometimes to heal but more often because they were malicious. It's very easy for instance in say, the Renaissance period or the period of Reformation - when you go into peoples past lives - and I see a jilted lover - it was especially easy in women to resort to magic to get back that person or attack that person in some way. It was very common. Through these powers

they could kill a person, they could affect the sexuality of that individual or cause terrible psychic problems or diseases. Some of you may know this type of jealousy that you have had - you may have experienced this on a physical level, but if you mix this with magic then you can get some terrible karma. I see this now en masse in the new age movement with people dabbling with this kind of magic with real ignorance behind them and only some knowledge, trying to awaken psychic powers before they have the love generated within them. And it's the solar plexus that is the generator of these types of forces.

When you look at someone and their energy bodies – for example if you look at their head centre and you see something like that – what is the difference between a sleeping chakra and an awakened chakra? What does a sleeping chakra look like?

With the chakras themselves - not so much the ones below the diaphragm - because they are already awake as they relate to people's normal living expressions. The SP is for the emotions, the sacral for their sexuality, and physical plane vitality from the base of the spine, to the throat centre, to the mind so they have mental input – these are the normal chakras that awaken. What you see is that the chakras are like flowers with the petals unfolding - some petals have unfolded in the normal human beings, some petals are still in the dormant position or 'bud' stage. Some chakras are focused downwards because that is where the individual is focused within the material realms, and a few are focused upwards toward the higher realms which is the Kingdom of God. So it all depends on whether the person is as to whether the chakra is partly awakened and whether some petals are spinning and others are not and whether they are dormant.

On the whole, the chakras as they awaken - firstly the flower must awaken fully with all the qualities of that particular chakra realised -- for instance the solar plexus centre which has 10 petals and all these 10 petals are fully awakened and functional and then they spin. If they spin from right to left then they are going the way of the dark forces which represents selfishness and personality will that dominates them and can produce psychic sicknesses and such - the way of the past awakens psychic states that humanity have long since evolved out of.

If they spin from left to right that they are going the way of evolution, the way of consciousness unfolding in the way of health and vitality. The faster they spin, the more they are awakened and eventually the motion of the chakra becomes 4th dimensional and turns in upon itself as it is spinning around and produces such incredible beauty. That's when the person is fully awakened and the chakra is fully awakened and the person has the type of vision of what you might call an illumined being, or a 'seer'. It is rare of course to see this type of fourth dimensional motion and it's incredible beauty. If your chakras are spinning normally but then you try to get your high through use of drugs, the drugs can make the chakras spin backwards -- the opposite way of evolution - - and regress back to where you have come from in the times of Atlantis and

earlier states of human evolution. They can awaken for instance the much earlier psychic powers associated with stages of human development which then later on you will have to fix up.

The way of enlightenment is a chakra spinning and your whole energy body spinning from left to right and that awakens you to the future and gives you higher spiritual perceptions. It opens the door to great, great spiritual heights. One is called the left-hand path the other is called the right-hand path; the left-hand path is the one of the black magician and the right-hand path is the way of the white magician.

So how do we open our chakras without harming ourselves?

My books teach this. Such as 'The Way to Shambhala'. It really has to do with meditation and beginning to work upon your emotions. Look upon the way your mind works, your psychology works and your emotions work. Learn to control your emotions and to develop your mind and awaken your heart through true love. Meditation means the stilling of the mind so that images can come that allow you to analyse those images as they come for what they are. That is what I teach.

You say that drugs, sex and yoga can open the chakras below the diaphragm in a damaging way, and that meditation can open the chakras in a positive way. How do you view movement – like the series of movements that Carlos Castaneda writes of that can move your energy body? I do not like to meditate 'still'. Why is yoga damaging when I see it as a form of movement?

I say that it is in the combination itself. Take for instance Rudolf Steiner had in his philosophy a form of dance called Eurythmy and it is a form of dance where he tried to bring in devic forces - the forces of the angelic kingdom. Certain types of movements for instance Tai Chi which is a moving meditation where you are trying to contact the 'Chi' which is the pranas in your body, your energy forces. Within all of this is the Taoist philosophy of the quieting and stilling of the mind and making it like an ocean. There are certain types of techniques that you can regard as a form of moving meditation. I regard this as dancing, I used to be well-known, for my dancing which to me was a form of externalised meditation. You need to properly understand karma yoga which is also the yoga of movement which is about moving with your karma and you are allowing your karma to take you to enlightenment.

On the whole, if you are moving properly with the forces in your nature it can be an external dance, and a lot of my poems have a lot to do with this form of dancing. It is an external dance of the energies that are within you, and if your mind is very calm and clear you can move like this in a dance. There are the Sufis and whirling dervishes. There are certain types of techniques that therefore can produce types of energy states within the body. Again I stress that eventually the movement will cause your body to sit naturally and then you can observe the internal flow of the energies of the body and then you can absorb these energies into a consciousness space. So the general forms of

dance you are describing of activity such as Tai Chi I regard as exoteric. Where is the internal movement where you are sitting and watching the internal flows of energy within the body and the way consciousness arises this I would call esoteric. The external does lead eventually to the internal movement. The two can be united, but you'll find when the energies start to flow properly and become very intense, all you will be able to do is sit. This is because the energy is so intense in the body that any bodily movement becomes almost impossible simply because you are living in an energy state itself.

Understand for instance, if you are having a high vision the whole movement of your body becomes so immaterial because the vision is everything that is out there in the Cosmos and you are surrounded by the stars and you are traveling -- so when you are out there your body is still. The body becomes immaterial because in that moment you are not aware of the body in any shape or form. So the highest form of awakening a perception means the stilling of the body, the stilling of the mind, the stilling of the emotions and experiencing that which is devoid of the body, mind or emotions moving. There is an old Zen Buddhist philosophy that goes "if you are observing a flag that is moving in the wind - what is moving - is that the flag or the wind?" The answer is neither -- it is the mind that is moving. The only reason you can perceive the flag as moving in the wind is because your mind is active. It is your mind that perceives these things.

Therefore in consciousness, still the body, still the mind and still the emotions and allow the reality to be, and then you find yourself moving in states of illumined being - states of great transcendent awarenesses. The body then becomes below the threshold of consciousness.

The emotions are immaterial -- they are simply not used as a mechanism of perception or anything. The mind is calm so therefore it is simply looking at things as if it were in a mirror so eventually it just analyses the images or the awareness it sees. Believe me, when you begin to get rid of the drugs and you begin to enter this world of meditation -- the energy states that come through are so intense that you can barely hold them in consciousness. You sit and you meditate, you see the great light, the intense forms of light that you must bear and channel, because in meditation you do work. You don't just simply have a euphoric experience -- you don't just bliss out in some nirvana type state.

You actually have to work in this meditation -- in this universe there is so much work to be done, because you are a being of love and the whole purpose of meditation is to learn how to love and to learn how to do things in the state of meditation relating to love. A yogi for instance does not spend 20 years of their life cross legged -- and then 10 years later they wake up as if in a dream and then they go back 'into it' -- that is escapism. It is not what they do. They spend their years of meditation doing work in meditation -- and real work -- cause there is stacks of stuff to do. A whole universe awakens to them.

Understand that these bodies, this flesh, they come in and out of incarnation. When you begin to see the stream of lives that I have seen, and you see how really short these life spans are, and that you spend most of your existent time out of your bodies ... when you go to sleep and you leave your body – you go into the astral realms or into a higher dimension – and some of your waking time is also out of your bodies and when you die you spend quite a lot of evolutionary time out of your bodies. That particular world which you experience out of your bodies is the world of reality. Our physical bodies are in the world of illusion, a world of glamour – it is the world where we create a lot of karma – so we have to cleanse our karma and there is a purpose for that. This other world is a vast, vast universe, full of many entities – there are all sorts of things to learn and there is all sorts of work to be done to it.

Humanity has created some terrible energies – terrible thought forms and the accumulated effect of people's emotions on this planet seen from a great height – is just a black swirling cloud – it's what the Bible calls 'the great outer darkness'. St Paul says that "the whole of creation groaneth and travaileth in pain together". That is what is seen. When you are in meditation you have to learn to clean that astral murk. You have to help people with their suffering, their stupid ways of thinking, and you send light into their minds – you may have to ward off evil attacking this whole planet. You may have to send great beams of light to say – dark forces – masses of black UFOs coming to this planet – there is so much work to be done! When you go into this proper world of service work through meditation with all these visions – you are not just receiving images in your brain – you actually have to work sending great beams of light here and there, and you may be attacked by dark forces, or you may be on a UFO or spaceship talking to the entities, you may go off to a star or to a planet where there is work to be done.

You may be helping human beings on the inner realms after they've died because they have ended up in some sort of hell state and you have to pull them out of this type of hell state that they have created for themselves. There is an enormous amount of work to be done – combating the planetary evil, trying to cleanse the planet of some of the psychic forms of sickness that human beings have created.

Help your brothers and sisters, because what they are creating inside themselves with their emotions and all the rest of it is quite putrid when seen from a higher clairvoyant perspective. You have to send light into those beings to help them out. There are so many forms of healing to be done, and it can only be done when not in a drugged state. You cannot heal when you are glazed over with drugs. You can pretend to do healing, but really you are just children playing a game with rubber wands. The true healing can only be done when you learn to channel light with true knowledge, when you can truly work with chakras with knowledge and when you have great knowledge of the past, present and future incarnations of that person. It takes far greater streams of knowledge than what people understand. Drugs provide no way to this. As mentioned in a previous talk – if you have an aura / astral body that is

just full of murky grey swirling energies, and you are trying to heal through that – well, first of all the aphorism is ‘physician, heal thy self’.

There are very few people that are in the alternative healing circles that can actually heal themselves of their own psychic sicknesses and physiological diseases. Until they can do this properly, how can they heal others? They can only ‘heal’ through the own corruption of their body. They certainly have not awakened the chakras to do so. So if you want to heal properly, you get rid of drugs and then you can work with light directly. You can consciously direct light and you know what you are doing and you know why you are doing it and you don’t have any other agency clouding or diffusing your mind. Remember also, that when you take drugs, the drugs actually take you this way or that – and that is not enlightenment. In enlightenment you are in total control of everything you do. Everything is done consciously, everything is done with great knowledge and you have great psychic power and nothing is done that can possibly harm another being. You see the karma and you work with the Lords of Karma. I don’t know anyone that claims to be a healer under drugs with that type of knowledge. I can tell you it is impossible – just by definition because they are under the control of the drugs in their system – an outside entity – which is inherently not them.

The whole concept of thinking that you can be a healer through drugs is really absurd – except for those who are deluding themselves thinking that they are doing something. Well, yes, they are doing something because devas or angels come in and they heal through anyone that really wants to heal. This is because the devas or the angelic kingdom fill our hospitals and are trying to heal people that are sick. They will sometimes go in behind any healer – for instance if you are trying to do reiki or something like that and the light is pouring through you. Where is it coming from? It is coming from devas – it’s not coming from anything that you are doing – you are merely offering yourself up as a channel. However if you become an enlightened being and you learn this world of meditation – you can do this consciously and become a thousand times more powerful as a healer because you are working with the sum total of the human being. More will be said on this in the healing talk. None of you really have an idea of the type of consciousness obtained by a Buddha. What he gave in his books and what is revealed in Buddhism is only a tiny, tiny portion of the consciousness of an enlightened being. The aura that you see in a Buddha can never be produced with drugs.