

## Talk # 2 - Thought forms and Telepathy

Last week I gave a talk on the aura and the way the aura manifests in relationship to the human personality. This week is a continuation of that talk and it is on thought forms and telepathy.

Now to the subject of thought forms - Everyone thinks and therefore everyone creates thought forms. Thought forms can be of a very high and altruistic nature that are coming from a higher source, from higher strata of being, the higher dimensions of realization. Or they can be very gross and sensually based, coming from far lower strata. Your imaginings, your desires are all thought forms, and when you see them clairvoyantly they flash out of your mind structure in different ways in pictures or symbols and in different colourings. They can be brooding types of thoughts that are close to your head or they can be sent long distance to far distant shores or even out to cosmic space like the light waves from our television sets, going on and on and on. Everything depends on the strength of the thought that is engendered and sent. Most people's thoughts are desire forms based around the desires about themselves so these thoughts hover very closely around them. The exception is when they project them to the object of their desire. The object of their desire can be food, sensual things, pleasurable things, making stacks of money etc. So they create for themselves mountain loads of thoughts, their own personal utopia. It is this utopia that is their own personal karma. The Karma that actually descends upon them when they leave their bodies and die. It creates their heavens and hells on the inner realms. And everyone who creates these thought forms and does not dissipate them either go to a heavenly state or a hell state, depending on the nature of what they have created. Because when they leave their bodies, all that is left behind is the physical form -- this thing that corrupts or is buried or burnt -- everything else you take with you. Your consciousness, your emotions, your desires and not one bit of this is any more toned down by your physical body and its appetites. Therefore it is very, very important to understand what thought forms are, how they are created and how they are dissipated.

As we get to the higher strata of being, to the higher dimensions of perception, the colourings are much more radiant and sparkly and beautiful. Likewise with astral colourings. The thoughts that one would see would therefore take on these colourings in different types of shapes. For instance a cross surrounded by a circle, is a very definite thought form. Or they could be very vague and incoherent. This particular cross was a thought form that I saw many, many years ago when I was listening to a lady teach on cruelty to animals. She was very compassionate about animals and out of her head was coming these thoughts with the light green of compassion and the pink of devotion. These thoughts were coming out of her head and were going to whoever she had her eye or mind focused on. They would float out of her head and then go zip into another person's head and then zip into somebody else's head, etc. It was very beautiful to watch the whole process, and then to watch the auras of everybody sitting there receiving

these things. And that's the way we create thought forms.

We could go into great length about the different colours and different shapes of thoughts. When people are very devotional, they produce devotional thoughts and the devotional thoughts can be in the form of lotus blossoms (large blue ones on the whole), they can produce stars and arrows and all types of shapes depending on the colourings or qualities of the mind structure of what they are thinking. Scientists and intellectuals produce a lot of thoughts that are very geometrical and have strong colours mainly that are tinged with orange. Sensual thoughts of course brood around the person like a rain cloud.

One of the things that I wish to point out in this talk is the fact that all of humanity have been creating these thought forms and have been creating images of all types, all of the time throughout the ages. When you get a mass religion, for instance, Hinduism with their concepts of Shiva or Krishna, or Christianity with their concepts of Christ or God, and the fundamentalist religions or the Buddha images that you see so beautifully painted by Tibetan artists in their thangkas, these things are created by human beings. When human beings are in a mass organised religion for instance, thought forms are created en masse. Then you will have floating in the astral realms in the lower strata of the realms of the mind, these types of images, complete with all the energy that people have put into them -- the devotion that people have put into them. These thoughts have power. They influence people's lives. When a person is inspirational or inspired, or writing religious poetry or art or something of that nature, they send a thought into that stratum. Immediately to that particular thought comes a flood of like thoughts generated by beings that have created similar images. The person gets their religious experience, their image of deity. There are creative artists doing the same in terms of their form of artwork, very often artists do not think about what they are going to create, they just become very expressionistic and paint away and all these colours and images come and they paint as these images come into their minds. They come into their minds because they have emptied their minds of thoughts except for the seed thought. And these images that come are thought forms engendered by other artists and other creative thinkers -- they are attracted to you. Like attracts like.

So you can see therefore when you really look at the situation, that a dense cloud of thought forms, of images surrounds this whole earth. When seen from the very, very highest strata it is very thick and muddy cloud. In the Bible it is called the outer darkness where there is much gnashing of teeth. Every religion has created their hells, and those that believe in that particular religion go to those hells because that is what they believe in, that is what they have created in their minds. The Buddhists have their images of *pretas* with little mouths and huge stomachs that those with certain types of desires become when they die. They are always looking for water to drink but what they get instead is burning acid and they are always looking for the types of energies that soothes their thirst but nowhere can they find it. All of you have heard the images of hell from the

Christian religion; there is no religion that does not speak of such things because it is the reality, because we have created it, through our gross desires, through our attachments to things.

This is a truism of the Buddhist four Noble truths. Everything is transient and if you try to hang on to that which is transient through your attachments, eventually you shall suffer. Because that which changes or dies cannot be hung on to. It does not matter what it is, sex, good food, this bodily life, even these images of deity, they all change, all adapts itself to new conditionings. So when you die, and you are addicted to a certain type of energy qualification that we call desire, such as smoking for instance, just think of it -- your body is gone -- and you are still heavily addicted to the desire for nicotine or for any other types of drug and there is no way of satiating that, none whatsoever. The body no longer exists for you. But your desire body, now that is supreme, that is what you are residing in completely. So you have an intensified desire body, no toning down of that desire and everywhere is that craving because you feel and see through the entire body, this astral form that you have when you leave your physical body and that becomes your hell state. Eventually those desires and sensations die away and you enter into a normal state of existence on the inner realms, the heavenly states. There is no such thing as permanence; there is no eternal hell or no eternal damnation as the Christians would like us to believe.

There is no such thing as time on these realms anyway, as time relates to your material lives, the threefold world of human existence. Cycles of events, consciousness is really all there is, and different modifications of consciousness as you adapt and change to this or that. Therefore learn to improve your consciousnesses, learn to cleanse these strong desires for things. This is where the religions on the whole agree -- become desireless -- for things of this material world, for things of the senses, and in that way you can find God, you can find Divinity, you can get to *Nirvana*. Attach not yourself to these things of form. It is terrible when you go clairvoyantly into a pub, a place where people drink alcohol or even down the streets if you are sensitised to thought forms and these types of energies, because on the whole these thoughts, the clouds that people walk around in, their depressions, their selfishnesses and their fears, inhibitions, and their sensuality attacks you. You absorb some of that into your system and it gives you like sensations. Like fears. If you are in any way susceptible to those types of energies, those types of qualities yourself, they will come to you. It is best with the strong thoughts to keep them to yourselves, to build an aura of protection around you, do not project them to other beings. In this concept of creation and projection of thoughts, is the key to all forms of magic - black or white. The evil forms or the forms of Love in emanation.

All mantras are thought forms sent out for a purpose depending on the ignorance or farsightedness of the one emanating those mantras. This whole earth system, this solar system, the system of stars of which the sun is one, the galaxy and interrelated galaxies, and the universe and many universes are all but thought

forms created by Great Enlightened Beings of which we call God or Gods depending on the level of interpretation that you wish to look at. Everything in existence is created by minds of thinkers; Highly Enlightened thinkers, supernal thinkers, thinkers that have evolved from past cycles of solar systems long before we present human beings were even conceived of -- they become Deity, Gods. Everything obeys the same rules, the same laws of thought creation. There is the initial gathering of energies, the painting of the picture of what is to be created, then the outward breathing of that picture which then attracts to itself substance of various categories until it becomes concrete, such as what we can touch and feel around us. And then eventually the thinker must bring that thought structure back into the solution, back into from whence it came, and that is the process of evolution. The way evolution proceeds from beginning to ending. When it comes in the case of God then of course we are part of the thought structure and our evolution is part of his mind unfolding the purpose of that form, until we ourselves become Gods likewise and that being can move up and onwards in a ladder of being. There is no end to that. We all travel together.

So what you are learning as you becoming creative, as you think things out, is to become Gods. Each one on their own tiny scale is a miniature God, each one creating around themselves part of the picture of the entire thought form structure of humanity. And each of us together sail onwards in time and space on this magic carpet that we build interrelated thoughts of different images which is our karma. After all, all that we can take with us when we die apart from our emotions is really the memory of what we attained in the past. Those images are the reality. You are always projecting those images to make the future. You could not even walk if you did not learn how to project images when you're a child, taking your first steps -- one step after the other -- you fell down maybe a few times learning how to do this, but now you walk automatically. The thought form structure is inbuilt in your consciousness, it is subliminal, likewise with everything else you do. You have learnt it through creating the images of what to do next. You cannot even pick up a glass of water without thinking of the glass without thinking of the water and then you pick it up. A potter thinks of the pot before he or she builds it. Each of you are Gods in the making as a consequence. And as you learn to build these little pictures in relationship to your little lives, and as you become more and more enlightened you can build bigger and bigger pictures relating to the creative whole. Eventually you transcend the human form altogether and you build cosmic pictures out in cosmic space and the whole earth system becomes your body of manifestation and your creation. Therefore you learn what to do and what not to do with relationship to the things that you create around you. Your sensual thoughts, your habit-forming thoughts, and the annihilation of those as you transcend into higher states of Being. This is what it's all about. You are Gods to the cells in your body and you can do as you wish with them, you are Gods to those around you to the plant kingdom, to the mineral kingdom, to all lesser kingdoms of nature. Cumulatively of course we human beings have made a real mess of this planet Mother Earth with our thought forms and materialising our thought forms with human greed and selfishness and all those things.

When people produce murky thoughts, then understand that sound, form and colour are interrelated. Your thoughts are but music on the inner realms and are seen thus and heard thus by other beings. You create murky thoughts, you create catastrophic clashing sounds, noise not music and this is destructive. You create sensual thoughts, thoughts of desire, desire for yourself and what you need all the time, it produces all these murky colourings the blacks, the browns, and the grey greens and it pervades our entire thought structure of this earth which eventually just becomes a thick black mass. Huge thick clouds of unloving concern, darkness all around us, which humanity has created and that is what we who are Enlightened Beings can see as we look down upon it. How to pierce the veil is the problem. Beings are sent to try to get human beings to create bright, brilliant flashes of light that can pierce that brown, each one can become illuminary, each one can become a radiant sun and a sun can travel far in the areas of night in this realm of darkness. One bright thought can counter and cleanse many, many negative ones. Light is far greater and far more powerful than the darkness. Therefore all of you here have learnt how to create positive affirmations, positive thoughts, thoughts of saving the planet, thoughts of helping nature, thoughts of being loving to each other. All of you know depressing thoughts and fearful thoughts and those types of emanations that surround you and cause you to do harm to yourself and each other. Thoughts are things, these things are real, these are your karma, and this is your true karma. Most people seem to think of karma only in terms of the physical plane and it is not so. Karma is mental, karma is emotional and karma is also your physical actions. But your greatest karma is that what you create with your minds. It takes far longer to cleanse. Killing someone just affects the physical body, but your thought life, that can go on and on for eternities -- a very long time to cleanse.

This is what all the great religions and teachers are really talking about. Raja Yoga, the kingly yoga, is yoga of the mind. How to cleanse those thoughts, how to make it so that you do not produce evil karma, how to make it so you can enter higher strata of being and become fully liberated like Christ and the Buddha walking amongst human beings. Understand if you have these clouds of selfish and sensual thoughts around you, how can you possibly heal. If someone comes up to you with sickness and disease and similar sort of energies around him or her, what can you give them? You project upon them your desire body, you project upon them your thoughts structure and they absorb this because they are sick and devitalised. So you give them a few herbs and a bit of acupuncture and a lot of emotionality but you feed them on the inner realms this muddy and murky energy. So if you want to be healers, heal yourself first of these thought structures, become radiant in your auras, produce diamond lights flashing all around you -- make it radiatory indeed.

If we go to the whole world's fantasies and we go back in time, then we see such things as Astrology being created, the mind structures of human beings back in Babylonian times -- six or 7000 BC. These images were built into the strata of

this earth and as you come into incarnation from the higher realms as souls, you build into your auras this energy, and thus it conditions you as personalities, astrologically, according to the timing and placing of your birth.

That is one way to look at thought forms; things that you have created in the past, your energies, your emotions, your fears that you have created from past lives -- they have never gone away -- unless you have spent many lives cleansing them. They follow you like a tail behind a dog and condition you accordingly. Using Sanskrit terminology we call them *sansgaras*, bundles of aggregates of these emotional and mental energies that push you on in your life and make you manifest in certain ways that you find very difficult to overcome. Strong desires, strong fears, strong inhibitions, strong tendencies to this or that. Each life gives you the opportunity to master these things, likewise for humanity as a whole. Each new religion that is created creates their own thought forms. We no longer live in the thought form structure of Ancient Egypt, we no longer worship Hathor and Seth, Osiris and Isis and the type of magic associated with these great deities as they were in those days -- real things, real energies, real potencies.

There are of course some of us who still have a love for Egypt, or love for some of the ancient civilisations, or the American Indians, but each great religion once it is founded and may last for centuries, eventually the thought forms that were created, their heaven and hell's and their entire belief systems must be destroyed by the progenitors of the thought, by those who were the great saints and sages and worshipful ones in those religions. Only thus can we move on. Likewise with the world's sensual beliefs and so forth. Thus everyone that worships their Krishna or their Christ, they receive real energies and real images of that which was created by themselves and others, many millions through the centuries and this descends upon them. I see the same happening today many, many times in many of these new-age ideas and idealisms that come up, thought forms created by emotional people thinking emotional thoughts thinking this and that is divinity in relationship to their emotional thinking, and they are creating a belief system which later on they must destroy, it is not really based on reality on the whole. Though, in everything there are seeds of truth. So some of you might say, how is it that one can control thoughts? I say on the whole, work at controlling your emotions. Work at producing pure loving emotions.

Telepathy is simply the conscious projection of thoughts upon an errand that is consciously sent by some being to produce an effect. I use the word conscious here if it is done with vision, with the third eye opened. Most of you are telepathic unconsciously, you create your thoughts and either they hover around your thought atmosphere until they die for lack of activation, or you send them on their errand. You can send really strong sensual thoughts to another person who you desire very strongly and that person will receive them into their auras and automatically either be rebuffed by them or take them gratuitously because they also desire you or whatever. There are many magicians, many *sadhus*, many *yogins* that know how to send these thoughts very strongly at individuals that

they wish to manipulate or control one way or the other -- and nearly all are weak in this area. They have no real understanding of how they can be manipulated. Somebody with psychic power, or if they are using *kundalini* or *shakti* or all the rest of the mantras mixed with drugs they can very easy project these types of thoughts, these types of controlling influence upon their target, people. And many are deluded that way. It is best if you find yourself receiving strong energies from some person, to avoid that person, to counter those types of energies and sensations with a positive energy and send it through that person. Much lighted radiation. We need more light bearers.

These black magicians of their various orders and grading create much evil karma for themselves. This is the surest way to hell. Because everything that they project upon others they must experience and suffer when they leave their bodies. They cannot escape this -- it is a law. Be careful therefore that you do not create such thought structures, and you do not send them at other people. Manipulating that person one way or the other to do your bidding. Most of you here are 'New Agers' if not all of you, and most of you here are interested in psychic phenomena and psychic power. The awakening of the chakras gives you much strength and much power in these areas because you start to awaken energies. You can call it *kundalini* you can call it receptivity to light, but the energies can flood through you. And when the energies flood through you, your thoughts must be guarded well. Otherwise you attract to you entities, very evil indeed, nasty entities, black magicians. They are always looking for beings such as you to vamporize, to stimulate or to dominate psychically because you are awakening their ability to utilise you for their purposes. Therefore you must learn to become more self-reliant, to produce a radiant aura, not the murk that many people do.

I speak of this matter because there are many that have developed an interest in psychic phenomena without any understanding of thought forms, without understanding what happens, without any understanding of karma. Many pose as spiritual teachers that are totally ignorant of the law of karma. They create terrible consequences for themselves. Keep your thoughts to yourself unless they are very loving thoughts in which case send them out to the universe, send them out to heal the planet. Make a mantra of healing energy around you, be positive and dynamic in your love but do not send the selfish thoughts or sensual thoughts, separatist thoughts, materialistic thoughts, desirous thoughts to other people or at other things. Because surely you will affect them, and you will create for yourself the reciprocal of what you do and what they do with those energies. And very few of you yet are clairvoyant enough to see the types of entities that you attract to you. The more you work in this domain the more malicious are the entities. Eventually you have to meet a person like Jesus was 2000 years ago, to cast out of you all those evil spirits -- like he did -- and send them to the herd of swine which jumped over the cliff face. Over and over again his entire life was simply this, cleansing people of their psychic misdeeds. Healing them of these types of sicknesses. Many Enlightened Beings do this continuously. It is the only

way anyway for any individual to tread the path of Light and to become an Enlightened Being by first cleansing themselves of this type of thought form making structure, and these energies around them. It is a non-stop process. Not through drugs, not through a lot of mantras, not through a lot of wishful thinking can you become an Enlightened Being. Only through developing psychic purities, clean thoughts and loving thoughts, and only that way do your chakras awaken safely. You attract therefore to yourself Great Beings, Enlightened Beings from the inner strata, the great Enlightened Beings from past cycles -- they will come to help you, they will send you telepathic instructions -- and automatically you become telepathic.

It is your own higher self, sending you images, sending you strong thoughts from these great Beings, because you are receptive to great energies and you are making yourself a creative visionary. You can then write the books and paint the pictures and play the music that will inspire many, many beings. And this is my wish for all of you -- to be inspired thus and to inspire many to heal the planet.

This is a subject which nearly all the sacred books, whether you are reading the Bible, whether you are reading the Buddhist texts, especially the books of yoga - all speak of. Often in veiled tones, because it is tinged with this art of magic -- black and white magic and all the shades of grey, which are just versions of black magic. As Jesus said, "either you are with me, or you against me". There is only one light, and that is white light or bright or brilliant light. Anything that is dull in emanation, whether it's grey, all the shades of grey or black -- is of the left-hand path, as we call it. It is evil in its nature and there is much muddled thinking in this area and amongst many beings. Generally, the thoughts are created through the solar plexus centre, the centre here in the stomach in conjunction with the throat. That is the way most human beings think. We are looking for the ability for each of you to think with your hearts. To generate truly loving thoughts which are not based on the emotions and are not immediate mental emotional concretions. And we want you to be able to send thoughts out a long distance not to have them hover around you like a rain cloud. They don't do much good if they simply hang around you. When you develop clairvoyant vision you will see this continuously, especially in those with dull consciousnesses. Therefore brighten up your minds, and lighten your lives, give to each other your radiatory energy, become healers. Attract to yourselves not these entities from the lower strata of the inner realms as they do you no good. They possess you and obsess you.

So we have huge thought forms, enormous gigantic thought forms created by humanity. When you actually look into the science of thought forms you will see that there are entire national thought forms. These are thought forms created by an entire large grouping of people. These thought forms can be whipped up by mob orators such as Hitler or some politicians to make people think and act in a certain way. All they do is collectively utilise or influence the thought forms of that nation. So they go to war and many young people die because of these thought forms created by unscrupulous individuals thinking that a bit of territory is worth



more than human lives. What I am trying to say here is that as you begin to learn more about thought forms so you try to free yourselves from manipulated Strata of thought, from the common way of thinking, from the way the mass media would like you to think, from the way your governments would like you to act. And of course all of you here have done that to different degrees. But as you do so more and more and you begin to see how all of us have been manipulated since birth, some to think as a woman some to think as a man and we all have different cultural and religious mores, (the word mores mean social conditionings) which we grow up by.

If you are born in a very strict Moslem society or a Catholic or in Buddhist Society, all these are conditionings, all these are thought forms created by religions and politicians and common people. They are mass fears. And if you follow these, you get straight jacketed by those types of thoughts and you live out your lives in a certain patterning. Deadly in itself and not very fulfilling. For those of you who wish to become more enlightened, you learn to free yourself from these straightjackets, from these types of social conditionings, from these constraining thoughts, from this jail that the societies of this earth place you in and want to keep you trapped there because many can make much out of this. Much material power, much monetary power from you if you just obey those rules. And so you say "no, I will be a personality, I will within myself create the thoughts that will produce a creative life, different from the common mold of thoughts", and thus you strive, thus you create new thought projections above the emotional sea of the rest, you put your head above the clouds above the murky black ocean that humanity lives in, and that head then can act as an antenna receiving very, very high stratified thoughts from the realms of Divinity.

Understand that if you can continually manifest these types of energies associated with the lower strata, all that it does is make you sick. All you are doing is creating a sewer to live in, a sewer of psychic energies, murky energies going this way and that, swaying this way and that and you get your colds and your coughs and eventually your cancers and all the other diseases that people are affected by. Why? Because they do not put their head above that cloud and they stay in the murk, in the muddy sewer. The cumulative effect of all people's thoughts and energies is simply that. You can try it yourself. Grab a few different colours, really pure colours from any set of paints and mix them together and tell me what you get. And that is the same with people's emotions. And that is what people live in.

A place like here that we are living in, we are trying to rise a little bit above that and creatively and accumulatively we produce a better environment, a freer environment in which to live because we uplift each other's spirits through our creative endeavors. And this is the same way to go, this is the new age in flowering. It's certainly budding. So we do it as a group, and the more we can do it as a group, and the larger the group we become, the more we can cleanse the Earth's atmosphere. The more we can heal the planet. This murky energy affects

everything. The plants are bombarded by it continuously and you think that maybe plants grow from the nourishment in the soil and the sunlight but the psychic energy that they absorb into them is what conditions their lives. They can get sickly and die, they have the diseases and can get infected by insect pests because they have no resistance to these things. They get all types of diseases and eventually the whole landscape, the leaves, the trees go and the environment disappears because of people's emotions and because of the murk that these plants have to continuously live in. There are very few to give them loving energies, which gives them creative music.

You'll find, if you ever studied the history of thoughts that our insect population, the types of insects that you don't like such as flies and other types of nasties are but the crystallisations of human thoughts created millennia ago in places such as Atlantis. Those types of nasty thoughts created by men and women en masse simply become the insects that give you diseases and that sting you in the now. The plants that have all types of defensive mechanisms, try to defend themselves from the onslaught of malicious energy from human beings. Thoughts are things, and this is creative power. Whether it's God creating a world system or universe, or you human beings creating your own little internal environment and your external thoughts so they find themselves throughout nature, the types of energy that you put into it are seen all around. And none of us really like this civilisation, the cities, because of the types of energies associated with it. We nearly always prefer the country. It is free from some of these types of thoughts.

I'm trying to give you an overview of thought form production, and to show you how vast the subject it really is. If a Being wants to send telepathic instructions to any of you, they would have to put a hole through the entire astral environment -- a tunnel from their minds to your heart centre or to your *ajna* centre. So keep that clean so they can actually send a thought or an image to you that is not distorted by you or your mind. You live in this type of energy continuously, and so to assist or to facilitate the down pouring of their thoughts structures of higher thoughts you engender the very cleanest aura you can, the very best thought structure that you can. Then you receive much more than you ever give out, much more indeed. To my way of thinking this is the only true way to happiness. The only way that I know is to simply offer myself up for the universe to act through me. To do that allows the universe to be as it must and as it should -- freely and spontaneously in love. If I attached myself to this materialistic world and all its allurements, there is no love there; there is no happiness there. There is momentary happiness, but no joy, and certainly no bliss. Happiness is up and down -- happiness, sadness, happiness, sadness. Bliss comes when you are united with the highest of all energies. When there is no material world whatsoever to be entangled with. Joy is your heart singing because you have learnt its song. And you live there for ever and ever, no ups and downs.

So we go from the mantras of all the religions and the creative visualisations given in all meditation teachings -- it matters not whether Jewish or Hindu or Buddhist or Christian -- creatively you open yourself up to the object of whatever you are aspiring to receive. And it is through these visualisations that allow you to send thoughts to far distant worlds. And we know the visualisations of such people as George Lucas who created the Star Wars trilogy and other movies, that's their images, their visualisations of what they think they want to give to you. Some of them are altruistically motivated, some are purely profit orientated. You do the same when you build for yourself a wonderful new age. A utopia that we all can live in and hopefully, eventually the heaven and hell states of our religions will go, leaving only the reality. A reality that is far more beautiful than any of those things.

## **Questions**

### **What about smoking joints, taking drugs and making love to someone?**

This is fine if done with love. You attracted to yourself that which you emanate outward. If you are a very, very loving being, the joints will give to you bright colourings in your auras. The problem with the smoking of dope on the whole or any other drugs is the psychology of the person concerned. Are they escaping from aspects of life? Do they just want to bliss out into a somnambulistic state, a meandering this way and that and not do anything at all in their lives? Eventually they die or get sick. The drugs in themselves are not really the problem, it is the psychology of the individual that we are looking at. Eventually when the psychology has been fixed up you will find that there are ways of intoxication that are far higher than any drug can give you, vision states that are absolutely exquisite and not toned down by the energy of those drugs. So drugs can give you an eye-opener to the psychic world and may open some minor chakras, but then you will have to respond to the energies and the entities that you may attract to you. You can either ride the crest of something beautiful or you can go into a hell state -- it will all depend on what it is that you have contacted and how you are psychologically constituted. Ultimately for enlightenment the drugs must go -- all forms of drugs must go -- except the drug of intoxication of love. Love stays forever and ever and it helps you to penetrate through the vastness of space. Later on when I talk to you about karma and reincarnation I will point out that karma is the law of love in application.

### **If most of the thoughts that we get are from the astral plane and therefore other people's thoughts, are we ever able to create new thoughts of our own?**

Well of course people are either conditioned by other thought structures around them, a whole sea of thoughts -- incidentally the realm of the emotions is watery and the realm of the mind is fiery so if you live in a higher strata of thought you are living in the realms of fire. And then the fire becomes Etheric, which is air

mixed with fire so it can be a very highly incandescent fanned fuel as your thoughts get higher and higher and therefore it is possible to create your own thoughts as you do when you become more fiery, when you get away from the watery conditions that most people are at. Because it is the water that is everywhere and commonplace and people relate to each other through their waters and thus they condition each other. When you bring in higher strata of thoughts you can produce quite high and creative ideals. Most of you here are not as individual as you think because you are so conditioned by the people around you.

If you define telepathy purely in terms of reading another person's mind and you can automatically look into their mind and know their every thought and desire, yes you can define telepathy as this. Most of us are telepathic, dogs are telepathic and cats are telepathic. Most of you who have had pets and really loved your pets know that those pets respond to your feelings they responded to these feelings through their solar plexus centre and this form of telepathy has nothing to do with the mind but they can certainly receive your images and your thoughts. All of you are telepathic as you receive other people's images and thoughts and these sometimes flash in your brain's consciousness and you respond accordingly. You may sometimes receive thoughts from loved ones overseas or even living in the room next or suddenly an image or a face will appear in your consciousness and then you think about that person. Later on you may find that that person was indeed thinking about you. It need not be that synchronized for instance, if I am thinking strongly of somebody else and then that image goes across the world to that person say, in Australia, then that thought will hover over that person's head structure and go into that person's mind only when that person thinks of me. Only then will the thought structure go in and it may be half a day later or hours later or maybe even received instantaneously it will all depend on the person's receptivity of the person receiving the thought. So most of you are walking around with thoughts from other beings hovering around your heads waiting to get in. When they do get in you get the flash of the face of the person that sent it. Therefore telepathy is much more than this psychic power, the *siddhi* of having your eye opened some way or other through drugs or whatever so that you can read people's minds. Telepathy happens perfectly and spontaneously with all of you. Most of you just do not recognise it as telepathy, when you get these little flashes of someone else in your mind and these other images prompting you to do this or go there. It is immaterial, those of us that can and do read thoughts have really no interest in reading people's minds. To play stage tricks such as 'I know what you're thinking', This is not the way of Enlightened Being.

**I have been in telepathic contact with another person and after a while I didn't want the information to come in but I couldn't send it away. I am losing awareness of myself when I am in this context – what can I do in this situation to get the information away?**

Yes, if you are using strong visual techniques, visualizing a person's face and that person is visualizing your face, you will find that if you do it strongly enough and with enough intent that you will receive impressions from that person. On the whole most of you can do that, we could do a workshop on this particular subject. However if you awaken yourself psychically to such things, as your discovering, it has its own harm, its own drawbacks, because you receive impressions not only from that person but you can also receive impressions from other entities that can use the channel that you have opened up to send their energies, their impressions, their desires your way. The way to cleanse that is to firstly stop thinking along that lines and secondly to send energy up the channel, to send Light up the channel. Always use the technique of Light whenever you see or get the impression of the type of thought that you don't want, send Light into it, create strong lighted thoughts and that will burn up the passage way. Eventually you may close the little chakra that was awakened.

**What about group telepathy?**

Groups as a whole do have group telepathy. It's more a group desire body that has more of a telepathic or subliminal emotional pull to each other on the whole. You could easily see group telepathy and the desire body running amok on the football field with all the spectators screaming and shouting for their favourite team. This form of telepathy is their emotional body projected by their thoughts racing through that whole group. Schools of fish have forms of telepathy as they turned suddenly. If we are talking more specifically as a spiritual or occult group working together to produce a certain purpose or working to unite their concept of God then they will also focus upon the same type of mind structure and they send each other thoughts -- similar to a group of scientists or creative people working on a certain common project. They send images to each other's minds and stimulate each other's thoughts. A group through use of mantras and visualizations in meditation can also project certain thoughts for a purpose. They may try to help the planet by clearing out some of the astral murk, they may save the trees or common ideals such as that. They may be creatively visualising or chanting and sending these cleansing thoughts of love into the planet's Etheric grid.

So these groups as a whole manifest telepathy and some do it quite consciously with creative visualisation. But there is also a lot of unconscious thought visualisation with group telepathy and most of you experience these types of thoughts coming from other people around you. If the group is sharing good vibes then you will also feel good but if the group is quite bad you will also suffer the bad vibes associated with that group. Vibes are a form of telepathy; it is a

mixture of auric substance plus people's thought projections that are projected at you. And with any type of group if they live closely together then there will be these types of thoughts and energies that are projected, and energies projected by bad thoughts can bring about bad situations, people getting jealous of each and all sorts of emotional traumas that can come from those types of projections.

So yes, most people are telepathic and within a group context it can be very, very powerful both for the good and the health of the planet or negatively for destructive purposes. You can also have group telepathy stirred up by a leader, they use their mouth, of course, to use the words but what races around the group listening to him is images that the mouth seeds. These images influence people and determine the popularity of that leader. Images and thoughts go from person to person and either they can destroy that individual or give them a good character depending on the energy of the thoughts that have depicted the person. It is actually quite a powerful force and a vast subject in itself. Ultimately all groups that create these types of energies, for instance negative images, have to cleanse those thoughts as a group. The aim is when you are in a group to only engender good and loving thoughts towards your brothers and sisters. That way we can bathe in that and uplift each other higher and higher into the realms of Divinity. So everything that relates to creation is essentially a good thought.

Even when the Bible says – “God created Heaven and Earth...” and all the rest of it, but it really is a group endeavour. There are the seven Elohim, the seven days of Creation, that created these days and nights of evolutionary being, and later on you find that there is a whole host of Beings underneath this entity called ‘God’ and that together manifest the multidiverse play of this universe. It is group thought, group evolution that creates All That Is. That is simply the law of Being. Everything comes from Mind and everything evolves back to Mind in time.